

Southend University Hospital NHS Foundation Trust



***Mrs. Judi Sharpe
Manager, Education Centre***

- **840 bedded busy University Hospital**
- **Close educational links with both Eastern & London Deaneries**
- **Foundation Trainees from NETFS**
- **Awarded Foundation Trust Status – June 06**
- **3994 staff with 156 Consultants treating 78000 inpatients, 302000 outpatients and 84000 A&E attendees per year!**
- **Regional Cancer Centre**
- **Service provider for Ophthalmology, Cardiac Catheter & Renal Services for the whole of South Essex**
- **All rotas include night shifts with good exposure to acute medicine**
- **Annual F1 Prize/Audit Prize**

- F1 Accommodation, Balmoral Road
- New Mess lounge
- Internet access and telephone
- Cable TV
- Improved kitchens

FY1 TEACHING
Tuesday, 1.00pm to 2.00pm
Sita Lumsden Room, Education Centre

2007

AUGUST

07 th	Lunch Club and Foundation Programme Housekeeping	Judi Sharpe
14 th	Managing Acutely Ill Patients 1: Diabetic Emergencies	Dr D Gable
21 st	Communication Skills & Relationships with Patients - Breaking Bad News	Sylvia Young
28 th	POST BANK HOLIDAY	

SEPTEMBER

04 th	Fitness for Anaesthesia	Dr R Khan
11 th	Managing Acutely Ill Patients 2: Renal Failure	Dr M Almond
18 th	Why is Governance Important?	Dr G Tosh
25 th	Acute Pain Service	Dr M Gabrielczyk

OCTOBER

02 nd	Managing Acutely Ill Patients 3: Respiratory Emergencies	Dr S Ansari
09 th	Good Clinical Care 1: Safe Prescribing Session 1	James Kent
16 th	Managing Acutely Ill Patient 4: Acute Neurology	Dr H Hewazy
23 rd	Clinical Governance 2: Complaints, Litigation & PALS	Alison Kelly/Steve McEwen
30 th	Clinical Governance 3: Recognising Diversity & Ensuring Equal Opportunities	Dave Melling

NOVEMBER

06 th	Fluid Management	Dr P Harnett
13 th	Ethics and Legal Issues: Consent	Kay Christey (MPS)
20 th	Risk Management & Incident Reporting	Carol Glibbery
27 th	Managing Acutely Ill Patients 5: Chest Pain	Dr A Khokhar

DECEMBER

04 th	Lunch Club	Judi Sharpe
11 th	ECG Interpretation	Anne Davey
18 th	A Career in Hospital Medicine	Mr A A Brown
25 th	BANK HOLIDAY	



F2 TEACHING:
Wednesdays 1230-1330
Lecture Theatre, Education Centre



2007
AUGUST

1 st	Induction Day	
8 th	Foundation Programme Housekeeping	Judi Sharpe
15 th	-	
22 nd	Incident Reporting & Risk Management	Carol Glibbery
29 th	POST BANK HOLIDAY	

SEPTEMBER

5 th	Complaints & PALS	Alison Kelly/Steve McEwen
12 th	ATLS Principles	Mr B Burgess
19 th	Portfolio & Assessments	Dr A Siddiqi
26 th	Audits, Guidelines & Protocols	Dr W Wong

OCTOBER

3 rd	Consent, Negligence & Medico-legal Framework	Kay Christey (MPS)
10 th	Appraisal/Revalidation/CPD	Dr M Almond
17 th	Discharge Planning	Sandra Steeples
24 th	Palliative & Terminal Care	Dr K Gretton
31 st	Communication Skills	Dr P Leonard

NOVEMBER

7 th	Medical Records & Confidentiality	Gary Pagram (MDU)
14 th	The Unwell Child - Paediatric Emergencies	Dr A Shrivastava
21 st	Psychiatry Emergencies	Dr K Thies-Flechtner
28 th	Sensible Health & Safety	Angela Oakey-Jones

DECEMBER

5 th	ENT Emergencies	Mr J Philpott
12 th	Essential Radiology	Dr S Jain
19 th	Core Skills – Spirometry, CXR Interpretation	Dr D Powrie
26 th	BANK HOLIDAY	

F1 08/09

Renal	Oncology	Surgery
Chest	Cardio	Surgery
DME	Neuro	Surgery
Endo	Oncology	Surgery
DME	Oncology	Surgery
Chest	Ortho	Surgery
Gastro	Urology	Surgery
Chest	Urology	Surgery
Endo	Renal	Surgery
Gastro	Renal	Surgery
Endo	Urology	Oncology
DME	Surgery	Gastro

F2 08/09

Paeds	O & G	DME
Paeds	Psych	GP
AMU	GP	DAU
DME	Paeds	GP
Surgery	HDU	Ortho
Surgery	Ortho	Urology
Neuro	GU/Micro	Cardiology
Neuro	DME	GP
A & E	Surgery	Ortho
A & E	DME	Ortho
A & E		Anaesthetics

Resources Available

- “Preparation for Practice” course – Best way to be prepared for the 1st Day!
- Bio-skills Lab – practice till you are perfect
- Helpful & Friendly Library Staff
- Approved ALS & ATLS course centre – Both In-house!
- Brilliant Postgrad Admin Team:



Judi – Manager, Education Centre
Katie & Margaret – PostGrad Admin
Ayesha Siddiqi– FTPD & MMC Lead

All are happy to answer questions or put you in touch with current F1 doctor

- Fun loving and established Mess Culture
- Black Tie Annual Summer Ball
- A wealth of other opportunities
- Hospital Medical Staff Common Room
- Education Centre Dining Room
- Hospital Restaurant
- Evening meeting programme
- Easy access to London