

Southend University Hospital NHS Foundation Trust Individual Placement Description

Placement	F2 – Accident & Emergency
The department	<p>The A & E Department comprises 6 Consultants and 11 clinical specialists. There are more senior doctors than juniors and this affords the opportunity for high quality of supervision for trainee doctors. There are four main areas of the department:</p> <ul style="list-style-type: none"> • Resuscitation Room • Majors Area • Minors Area for ambulatory patients • Paediatric Area
The type of work to expect and learning opportunities	<p>There is a wide range of acute medical presentations including myocardial infarction, acute coronary syndrome, stroke (including thrombolysis), sepsis and infectious diseases. All aspects of surgical presentations are seen including General Surgery, ENT, Maxillofacial and Acute Orthopaedic injuries. Clinical skills acquired include: Venipuncture; Cannulation; Catheterisation; Wound Closure and Suturing; Plastering; Arterial Blood Gas sampling.</p>
Where the placement is based	Southend University Hospital Accident & Emergency Department
Clinical Supervisor(s) for the placement	Mr Brian Burgess / Mr Sylvester Dima-Okojie / Dr Caroline Howard / Mr Khurram Iftikhar / Mr Hamid Rokan / Dr Claire Willis
Main duties of the placement	<p>Each doctor works in each of the designated four areas noted above.</p> <p>The duties involve the acute assessment of unwell medical and surgical patients. The doctor is then expected to make arrangements for discharge of the patient or to facilitate referral of the patient onto a Specialist Team.</p> <p>The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit

	<p>patient care</p> <ul style="list-style-type: none"> • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Typical working pattern in this placement	The doctors work on a shift system which is recurrent in 5 week cycles covering shifts from 0800 to 1700; 1400 to 2300; 2200 to 0800 and 1200 to 0000
Employer information	The employer for this post is Southend University Hospital NHS Foundation Trust. The post will be based in Southend University Hospital which provides an extensive range of secondary services for the growing local community of approximately 362,649.

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Southend University Hospital NHS Foundation Trust Individual Placement Description

Placement	F2 Acute Medicine
The department	Acute Medicine Unit has three consultant physicians and one locum, supporting the general physicians managing the rolling full duty. During daytime the unit is run by an acute physician with out of hours on call cover from a general physician. Each morning there are two ward rounds by an acute and general physician – each supported by an AMU junior.
The type of work to expect and learning opportunities	<p>Managing the patients on the Acute Medical Units, assessing new referrals from A&E and primary care including patients referred to the GP assessment area. Predominantly ward work, in a busy environment with high patient turnover.</p> <p>The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers. <p>There is ample opportunity to de-novo assess and manage stable and unstable patients, to resuscitate on AMU, in the resuscitation room or A&E, liaise (under senior supervision) with ITU, cardiology, critical care outreach, radiology, microbiology, chemistry and haematology.</p> <p>The GP assessment area, and associated ambulatory care/ follow-up allow the trainees to see the more stable presentations of most general medical conditions.</p> <p>The following procedures are commonly done, lumbar puncture, paracentesis abdominis and pleurisy and drainage, skin biopsy; less frequently we will place central lines both under ultrasound and without in emergency situations.</p> <p>We have a daily microbiology ward round where practical diagnostic, investigative and therapeutic advice can be sought and follow up of patients moved to other wards, out patients, or services gathered; a weekly radiology meeting for teaching and directing clinical care and a weekly clinical cases/ teaching session within the unit that all the AMU team will have the opportunity and expectation of presenting at. We support those keen to engage in audit and/ or research and those who wish to present or publish from within the unit.</p>
Where the placement is based	Acute Medical Unit, Southend Hospital NHS Trust.
Clinical Supervisor(s) for the placement	Dr Kelly, Dr Henstridge, Dr Simon

Main duties of the placement	Running the AMU alongside the AMU consultants.																										
Typical working pattern in this placement	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions</p> <p>Daily/weekly/monthly (if applicable)</p> <table border="1"> <tr> <td>Monday AM</td> <td>Consultant Ward Round/Microbiology Round</td> </tr> <tr> <td>Monday PM</td> <td>Ward Work</td> </tr> <tr> <td>Tuesday AM</td> <td>Consultant Ward Round/Microbiology Round</td> </tr> <tr> <td>Tuesday PM</td> <td>Ward Work</td> </tr> <tr> <td>Wednesday AM</td> <td>Consultant Ward Round/Microbiology Round</td> </tr> <tr> <td>Wednesday 1pm</td> <td>Mandatory Teaching</td> </tr> <tr> <td>Wednesday PM</td> <td>Ward Work</td> </tr> <tr> <td>Thursday AM</td> <td>Consultant Ward Round/Microbiology Round</td> </tr> <tr> <td>Thursday 12.30 pm</td> <td>Medical Grand Ground</td> </tr> <tr> <td>Thursday PM</td> <td>Ward Work</td> </tr> <tr> <td>Friday AM</td> <td>Consultant Ward Round/Microbiology Round</td> </tr> <tr> <td>Friday PM</td> <td>Ward Work</td> </tr> <tr> <td>Saturday & Sunday</td> <td>Ward Work</td> </tr> </table> <p>Weekly Radiology meeting on a Thursday 0900 hrs. Thursday 11.30 am Clinical Cases AMU Meeting Shifts 8 – 6pm, 10 – 8pm. Weekend 8 – 4pm</p>	Monday AM	Consultant Ward Round/Microbiology Round	Monday PM	Ward Work	Tuesday AM	Consultant Ward Round/Microbiology Round	Tuesday PM	Ward Work	Wednesday AM	Consultant Ward Round/Microbiology Round	Wednesday 1pm	Mandatory Teaching	Wednesday PM	Ward Work	Thursday AM	Consultant Ward Round/Microbiology Round	Thursday 12.30 pm	Medical Grand Ground	Thursday PM	Ward Work	Friday AM	Consultant Ward Round/Microbiology Round	Friday PM	Ward Work	Saturday & Sunday	Ward Work
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**Southend University Hospital NHS Foundation Trust
Individual Placement Description**

Placement	F2 Anaesthetics
The department	<p>The Department of Anaesthetics comprises 20 Consultants of whom 12 do acute General Anaesthetics and Obstetrics on-call and 8 with Intensive Care responsibilities</p> <p>The department serves East Essex with a catchment population of 150,000.</p> <p>The department is closely linked with tertiary services in London.</p>
The type of work to expect and learning opportunities	<p>F2 Doctors are based in one of the following locations on a daily basis: Main Theatres, Day Stay Theatres, Mobile Theatres or Eye Theatres. F2 Doctors work on a daily basis in theatres under the supervision of senior Anesthetists' and are expected to undertake all duties which would be expected of an Anaesthetic CT1 Trainee including: IV Cannulation, Insertion of Invasive Monitoring Devices (Central Lines, Arterial Lines), ET Intubation, LMA Insertion, Airway Maneuvers, Anaesthetic induction and Management of the Unconscious Patient, Anaesthetic record keeping, post operative handover. F2s are also expected to undertake the Pre-operative Anaesthetic assessment of patients on the ward which includes a focused history and examination of the patient.</p> <p>The overall educational objectives of the F2 year are to ensure that the Doctor has reached a satisfactory level of competence in all areas to allow eligibility for entry to core or specialty training. This will include providing the trainee with the knowledge, skills and attitudes to be able to:</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesize problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Southend University Hospital, The Department of Anaesthetics
Clinical Supervisor(s) for the placement	Dr Rifat Khan

<p>Main duties of the placement</p>	<p>The F2 doctor works alongside senior Anaesthetists in theatre on a daily basis. He/she is responsible for ensuring an accurate pre-operative assessment is undertaken and communicated to the supervising anaesthetist, ensures safe monitoring and management of the patients in the Anaesthetic room and theatre, ensures accurate completion of anaesthetic theatre documentation, and safe handover to Recovery ward staff. In addition to the weekly generic F2 syllabus teaching programme, the F2 doctor is expected to attend the structured teaching programme provided by the Anaesthetic Department on Wednesday afternoons – this may take place within the department at Southend Hospital or at Broomfield Hospital, Chelmsford.</p>																					
<p>Typical working pattern in this placement</p>	<p><i>Daily:</i></p> <table border="1" data-bbox="657 734 1367 1832"> <tr> <td data-bbox="657 734 1082 869">Monday to Wednesday 0800</td> <td data-bbox="1088 734 1367 869">Pre-operative Anaesthetic Assessment of patients on ward</td> </tr> <tr> <td data-bbox="657 875 1082 987">Monday to Wednesday 0900 to 1230</td> <td data-bbox="1088 875 1367 987">Morning Theatre List</td> </tr> <tr> <td data-bbox="657 994 1082 1128">Monday to Wednesday 1300</td> <td data-bbox="1088 994 1367 1128">Pre-operative Anaesthetic Assessment of patients on ward</td> </tr> <tr> <td data-bbox="657 1135 1082 1247">Monday to Wednesday 1400 to 1800</td> <td data-bbox="1088 1135 1367 1247">Afternoon Theatre List</td> </tr> <tr> <td data-bbox="657 1254 1082 1317">Wednesday 1pm</td> <td data-bbox="1088 1254 1367 1317">Generic Mandatory F2 Teaching</td> </tr> <tr> <td data-bbox="657 1323 1082 1395">Wednesday 1400 to 1730</td> <td data-bbox="1088 1323 1367 1395">Formal Anaesthetic Teaching</td> </tr> <tr> <td data-bbox="657 1402 1082 1536">Thursday to Friday 0800</td> <td data-bbox="1088 1402 1367 1536">Pre-operative Anaesthetic Assessment of patients on ward</td> </tr> <tr> <td data-bbox="657 1543 1082 1610">Thursday to Friday 0900 to 1230</td> <td data-bbox="1088 1543 1367 1610">Morning Theatre List</td> </tr> <tr> <td data-bbox="657 1617 1082 1751">Thursday to Friday 1300</td> <td data-bbox="1088 1617 1367 1751">Pre-operative Anaesthetic Assessment of patients on Ward</td> </tr> <tr> <td data-bbox="657 1758 1082 1825">Thursday to Friday 1400 to 1800</td> <td data-bbox="1088 1758 1367 1825">Afternoon Theatre List</td> </tr> </table> <p>Saturday and Sunday are Off Days. No on call requirements. Theatre time includes assignment to the Emergency Theatre List on a weekly basis</p>		Monday to Wednesday 0800	Pre-operative Anaesthetic Assessment of patients on ward	Monday to Wednesday 0900 to 1230	Morning Theatre List	Monday to Wednesday 1300	Pre-operative Anaesthetic Assessment of patients on ward	Monday to Wednesday 1400 to 1800	Afternoon Theatre List	Wednesday 1pm	Generic Mandatory F2 Teaching	Wednesday 1400 to 1730	Formal Anaesthetic Teaching	Thursday to Friday 0800	Pre-operative Anaesthetic Assessment of patients on ward	Thursday to Friday 0900 to 1230	Morning Theatre List	Thursday to Friday 1300	Pre-operative Anaesthetic Assessment of patients on Ward	Thursday to Friday 1400 to 1800	Afternoon Theatre List
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Southend University Hospital NHS Foundation Trust Individual Placement Description

Placement	F2 Cardiology
The department	The Dept. Cardiology comprises 5 Consultants of which 1 works jointly with Basildon. Interests include Coronary Stenting, Non Invasive Diagnosis of Cardiac Diseases & Cardiac Imaging. The Dept. serves a local population estimated at 362 649. There is an 11-bed Coronary Care Unit with daily ward rounds by the cardiologists (including weekends). There are approximately 500 acute admissions to CCU each year.
The type of work to expect and learning opportunities	<p>All F2 doctors in hospital posts will be ward based during the normal working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. There will be a four week AMU posting during which time the F2 will be involved in the generic clerking of patients with acute and differentiated medical problems and their care whilst in AMU. In this way the F2 gains experience in both cardiology as well as acute medicine. The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Gordon Hopkins Ward, Southend University Hospital.
Clinical Supervisor(s) for the placement	Dr A Khokhar & Dr S Mazhar
Main duties of the placement	The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of patient's medical record. To conduct ward rounds on a daily basis with the consultant in charge. The F2 will have opportunity to work with the consultants in outpatient clinics twice a week. They will learn to perform elective cardioversions in patients with atrial fibrillation. There will be opportunity to undertake audit. They will be responsible for such other specific clinical duties as allocated by consultants including arranging appropriate investigations and performing other duties in occasional emergencies and unforeseen circumstances. The F2 will take part in the Acute Medical rota.
Typical working pattern in this placement	The Dept. Medicine operates a Ward Based System. This requires day shifts which are typically 9-5 / 1.30 to 9.30. The F2 will work 3 weekends in every 25. Nights shifts according to wider rota as

	<p>below.</p> <p>Typical working week in this post:</p> <table border="1" data-bbox="501 333 1225 987"> <tr> <td>Monday AM</td> <td>CCU Ward Round</td> </tr> <tr> <td>Monday PM</td> <td>Education Meeting</td> </tr> <tr> <td>Tuesday AM</td> <td>CCU Ward Round</td> </tr> <tr> <td>Tuesday PM</td> <td>Cardiology Ward Round</td> </tr> <tr> <td>Wednesday AM</td> <td>CCU Ward Round</td> </tr> <tr> <td>Wednesday 1pm</td> <td>Generic Mandatory F2 Teaching</td> </tr> <tr> <td>Wednesday PM</td> <td>Outpatients</td> </tr> <tr> <td>Thursday AM</td> <td>CCU Ward Round</td> </tr> <tr> <td>Thursday 12.30 pm</td> <td>Medical Grand Round</td> </tr> <tr> <td>Thursday PM</td> <td>Cardiology Ward Round/Outpatients</td> </tr> <tr> <td>Friday AM</td> <td>CCU Ward Round</td> </tr> <tr> <td>Friday PM</td> <td>Cardioversions & Journal Club</td> </tr> <tr> <td>Saturday & Sunday</td> <td>On Call duties as per rota</td> </tr> <tr> <td>Nights</td> <td>1:25 for AMU / two week blocks</td> </tr> </table>	Monday AM	CCU Ward Round	Monday PM	Education Meeting	Tuesday AM	CCU Ward Round	Tuesday PM	Cardiology Ward Round	Wednesday AM	CCU Ward Round	Wednesday 1pm	Generic Mandatory F2 Teaching	Wednesday PM	Outpatients	Thursday AM	CCU Ward Round	Thursday 12.30 pm	Medical Grand Round	Thursday PM	Cardiology Ward Round/Outpatients	Friday AM	CCU Ward Round	Friday PM	Cardioversions & Journal Club	Saturday & Sunday	On Call duties as per rota	Nights	1:25 for AMU / two week blocks
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**Southend University Hospital NHS Foundation Trust
Individual Placement Description**

Placement	F2 Day Assessment Unit (Medicine for Elderly)
The department	<p>The Day Assessment Unit (DAU) is part of the wider Department of Medicine for the Elderly (DME). The DME comprises 9 consultants, 3 of whom primarily work in the Stroke Service, and an Associate Specialist. Six of these work in the DAU and share interests in Stroke Medicine, Parkinson’s disease, Falls & Bone Health, Syncope and Dementia, in addition to general elderly care medicine.</p> <p>The DAU is primarily about ‘admission avoidance’. It is broken down into an area housing outpatient clinics, and an area providing mini-comprehensive geriatric assessments on an urgent basis. The latter area is referred to within the DAU as the ‘Screens’ area.</p>
The type of work to expect and learning opportunities	<p>All F2 doctors are generally ward-based during the normal working day, providing care to patients remote to the DAU only during periods of on-call commitment. The DAU F2 shares responsibility for patients in the ‘Screens’ area with a GP VTS trainee of ST1/2 level. We accept patients for assessment from A&E, Fracture Clinic, the Acute Medical Unit, the Surgical Assessment Unit and directly from GPs. We try to see patients on the same day wherever possible, but certainly within 48-72 hours from the time of referral. The aim is to manage patients without the need for admission.</p> <p>The on-call rota includes a one month block in which you will be attached to the Acute Medical Unit (AMU). During this month you will not work on the DAU at all. You will be involved in the assessment and management of acutely unwell patients referred for admission to the on-call medical team of the day.</p> <p>There are ‘generic’ educational objectives for the F2 year, but there are also specialty-specific learning objectives on offer for each of the posts in the F2 year. During the DAU F2 attachment, we expect that you will acquire the appropriate skills to be able to:-</p> <ul style="list-style-type: none"> • Take a detailed history and undertake a thorough examination, as part of a Comprehensive Geriatric Assessment • Generate ‘Problem Lists’ and differential diagnoses • Organize investigations in a rational and cost effective manner • Prescribe safely in the elderly, and undertake effective ‘medication reviews’ • Keep accurate and relevant medical records • Manage time and priorities effectively • Communicate effectively with patients, relatives and with other colleagues – both in secondary and primary care • Use evidence-based medicine, guidelines and audit to benefit patient care

	<ul style="list-style-type: none"> • Act in professional manner • Cope with ethical and legal issues which occur during the management of elderly patients • Demonstrate commitment to lifelong learning. 																										
Where the placement is based	Day Assessment Unit, Southend University Hospital.																										
Clinical Supervisor(s) for the placement	Dr J Whitear – Associate Specialist DME																										
Main duties of the placement	<p>The DAU F2 is based in the ‘Screens’ area of the DAU and shares responsibility for patients in that area with a GP VTS ST1/2 trainee. Each day you will be clerking patients, arranging investigations as appropriate, and presenting your findings to a consultant or associate specialist. There will be good opportunities for teaching, reflective learning and completion of mandatory work-based assessments required by the Foundation Programme.</p> <p>Specialist Clinics taking place in the outpatient section of the DAU include a Memory Clinic, which has been accredited by the Royal College of Psychiatrists, a Falls Clinic, a Parkinson’s Clinic and a Stroke Clinic. The trainee may have opportunity to work in some of these clinics during their placement on DAU.</p> <p>The DME looks upon itself as one big department with a pool of staff, and at times of sickness or unexpected absence, you may be asked to provide cover to one of the in-patient DME wards, if they have insufficient medical cover. This is an exceptionally rare occurrence.</p>																										
Typical working pattern in this placement	<p>Daily: 0900 DME meeting Estuary Ward</p> <table border="1"> <tr><td>Monday AM</td><td>DAU</td></tr> <tr><td>Monday PM</td><td>DAU</td></tr> <tr><td>Tuesday AM</td><td>DAU</td></tr> <tr><td>Tuesday PM</td><td>DAU</td></tr> <tr><td>Wednesday AM</td><td>DAU</td></tr> <tr><td>Wednesday 1pm</td><td>Generic F2 Mandatory Teaching</td></tr> <tr><td>Wednesday PM</td><td>DAU</td></tr> <tr><td>Thursday AM</td><td>DAU</td></tr> <tr><td>Thursday 12.30 pm</td><td>Medical Grand Round</td></tr> <tr><td>Thursday PM</td><td>DAU</td></tr> <tr><td>Friday AM</td><td>DAU</td></tr> <tr><td>Friday 12 - 12.30</td><td>DME X-Ray/Journal Club</td></tr> <tr><td>Saturday & Sunday</td><td>As per Rota</td></tr> </table> <p><i>On call requirements: 1:5</i></p>	Monday AM	DAU	Monday PM	DAU	Tuesday AM	DAU	Tuesday PM	DAU	Wednesday AM	DAU	Wednesday 1pm	Generic F2 Mandatory Teaching	Wednesday PM	DAU	Thursday AM	DAU	Thursday 12.30 pm	Medical Grand Round	Thursday PM	DAU	Friday AM	DAU	Friday 12 - 12.30	DME X-Ray/Journal Club	Saturday & Sunday	As per Rota
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Placement	F2 Medicine for Elderly.
The department	The Dept. of Elderly Care comprises 5 Consultant Geriatricians of whom 4 do acute General medicine on-call. There are interests in Orthogeriatrics, Stroke, memory and falls. All geriatrics subspecialities are represented and the department is a dynamic unit with enthusiastic consultant supervision.
The type of work to expect and learning opportunities	<p>It is anticipated that the trainee will gain experience in management of confusion, delirium, falls (geriatric giants) as well as acute general medicine. All F2 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the EAU attachment the F2 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit.</p> <p>The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	There are 3 acute geriatric wards: Stambridge, Estuary and Southbourne, Southend University Hospital.
Clinical Supervisor(s) for the placement	Dr I Liakas and Dr N Ballah
Main duties of the placement	The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatient's clinics for at least one day each week. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.
Typical working pattern in this placement	The Dept. Medicine operates a Ward Based System. This requires day shifts which are typically 9-5 / 1.30 to 9.30. The F2 will work 3 weekends in every 25. Nights shifts according to wider rota as below.

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<p>Employer information</p>	<p>The employer for this post is Southend University Hospital NHS Foundation Trust. The post will be based in Southend University Hospital which provides an extensive range of secondary services for the growing local community of approximately 362 649.</p>																														

It is important to note that this description is a typical example of your placement and may be subject to change.

Southend University Hospital NHS Foundation Trust Individual Placement Description

Placement	F2 General Practice												
The department	GP Surgeries in mixed rural/urban areas. Variable number of partners according to the GP Practice. Wide range of services at each practice.												
The type of work to expect and learning opportunities	All aspects of GP work will be covered. This includes exposure to acute medicine, home visits, chronic disease management, such as diabetes, asthma and hypertension, gynaecological problems, antenatal care, paediatrics, dermatology, orthopaedics and rheumatology, ophthalmology and ENT. The F2 will make diagnoses, prescribe under supervision, and make referrals where appropriate (referrals are reviewed by the trainer), and complete medical reports under supervision. Trainees are expected to consult with patients by themselves but with overarching supervision. They will attend teaching seminars with the rest of the practice staff each month as part of 'Time to Learn'. There are opportunities to undertake audit.												
Where the placement is based	Variety of local GP practices: Pall Mall, Leigh on Sea; Greensward, Hockley; Riverside, Hullbridge; Puzey, Rochford.												
Clinical Supervisor(s) for the placement	Dr H Kennedy; Dr B Kuriakose; Dr J Rouse; Dr M Metcalfe; Dr Beverton.												
Main duties of the placement	Seeing patients in clinic, completing paperwork/reports, attending meetings and teaching seminars, attending F2 teaching sessions at Southend University Hospital.												
Typical working pattern in this placement	Exact timetable with vary according to the practice but below is a sample: <table border="1" style="margin: 10px auto;"> <tr> <td>Monday 8-5</td> <td>3 Clinics, Daily Practice Meeting</td> </tr> <tr> <td>Tuesday 8-1</td> <td>2 Clinics, Daily Practice Meeting</td> </tr> <tr> <td>Wednesday 2-5</td> <td>1 Clinic</td> </tr> <tr> <td>Wednesday 1pm</td> <td>Generic F2 Mandatory Teaching</td> </tr> <tr> <td>Thursday 8-1</td> <td>2 Clinics, Daily Practice Meeting</td> </tr> <tr> <td>Friday 8-5</td> <td>3 Clinics, Daily Practice Meeting</td> </tr> </table> <p>Some practices will also have audit and tutorial sessions. Total working week of 40 hours. There is no banding with these posts. <i>On call requirements:</i> None</p>	Monday 8-5	3 Clinics, Daily Practice Meeting	Tuesday 8-1	2 Clinics, Daily Practice Meeting	Wednesday 2-5	1 Clinic	Wednesday 1pm	Generic F2 Mandatory Teaching	Thursday 8-1	2 Clinics, Daily Practice Meeting	Friday 8-5	3 Clinics, Daily Practice Meeting
Monday 8-5	3 Clinics, Daily Practice Meeting												
Tuesday 8-1	2 Clinics, Daily Practice Meeting												
Wednesday 2-5	1 Clinic												
Wednesday 1pm	Generic F2 Mandatory Teaching												
Thursday 8-1	2 Clinics, Daily Practice Meeting												
Friday 8-5	3 Clinics, Daily Practice Meeting												
Employer information	Pall Mall Surgery, 918 London Road, Leigh on Sea, Essex, SS9 3NG Greensward Surgery, Greensward Lane, Hockley, Essex, SS5 5HQ Riverside Surgery, 175 Ferry Road, Hullbridge, Essex, SS5 6JH Puzey Family Practice, Southwell House, Back Lane, Rochford, Essex, SS4 1AY												

It is important to note that this description is a typical example of your placement and may be subject to change.

Southend University Hospital NHS Foundation Trust Individual Placement Description

Placement	F2 Surgical High Dependency Unit (HDU)	
The department	Consultants x 2. The 5 bedded surgical HDU is designed to provide care for all surgical patients requiring level 2 care (advanced monitoring, NIV/CPAP, 1:2 nursing care) The department works closely with Critical Care and Outreach service, but the responsibility for the care lies with individual surgical teams who's patients are admitted to HDU. Physiotherapists, dietician/nutritionist, clinical pharmacist and microbiologists are part of the multidisciplinary team caring for the patients.	
The type of work to expect and learning opportunities	<p>The F2 on this placement will be responsible for day to day care for all HDU patients with senior input from surgical teams supported by outreach service and critical care SpR or Consultant. He/she will have the opportunity to take part in Intensive Care ward rounds and teaching activities as well as gain the skills for managing HDU/ITU patient in terms of advanced (including invasive) monitoring and basic principles and practice of the organ support</p> <p>F2 year is to provide the trainee with the knowledge, skills and attitudes to be able to :</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers. 	
Where the placement is based	HDU, Southend University Hospital	
Clinical Supervisor(s) for the placement	Dr M Moravec/ Dr A Stone	
Main duties of the placement	The F2 is a part of the surgical team looking after each and individual patients in HDU. Responsibility is for daily clerking and keeping updated medical record about patient's care, diagnostic plans and management decisions made by senior members of the team, maintain clear and complete prescription chart including fluid therapy and nutritional support. Dealing with major or more complex issues of the patient's care including relative's interview is expected to be done with the support and supervision of senior surgical colleagues.	
Typical working pattern in this placement	Monday AM	Daily Surgical Round/ITU Consultant Ward Round

	Monday PM	Ward Work
	Tuesday AM	Daily Surgical Round/ITU Consultant Ward Round
	Tuesday PM	Ward Work
	Wednesday AM	Daily Surgical Round
	Wednesday 1pm	Generic Mandatory F2 Teaching
	Wednesday PM	Ward Work
	Thursday AM	Daily Surgical Ward Round
	Thursday 12.30	Medical Grand Round
	Thursday PM	Ward Work
	Friday AM	Daily Surgical Ward Round/ITU Consultant Ward Round
	Friday PM	Ward Work & Journal Club
<i>On call requirements: None</i>		
Employer information	The employer for this post is Southend University Hospital NHS Foundation Trust. The post will be based in Southend University Hospital which provides an extensive range of secondary services for the growing local community of approximately 362 649.	

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Southend University Hospital NHS Foundation Trust Individual Placement Description

The department	FY2 GU Medicine/Microbiology											
The type of work to expect and learning opportunities	<p>The post will consist of 10 weeks in GU Medicine (Sexual Health) and 6 weeks in Microbiology.</p> <p>There are 2 GU Consultants, 1 Infectious Disease Consultant and 2 Microbiology Consultants.</p> <p>The F2 will undertake Outpatients within GU Medicine which is a supernumerary post. There are no inpatients. All aspects of GU Medicine and HIV are covered. Within Microbiology, the F2 will have the opportunity to learn microbiology procedures e.g. plating, reading, microscope, sensitivity patterns, telephone calls (clinical information) etc. The Microbiology post has been commended for its educational environment.</p> <p>The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to:</p> <ul style="list-style-type: none"> • Take a history and examine a patient <ul style="list-style-type: none"> • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers. 											
Where the placement is based	GU Department and Microbiology Department											
Clinical Supervisor(s) for the placement	Dr H Jaleel (GU Medicine) and Dr M Meyers (Microbiology)											
Main duties of the placement	<p>The GU Department is heavily supervised. To carry out the day-to-day care of the patients alongside the other members of the team.</p> <p>To complete discharge summaries, request investigations, reviewing blood results etc.</p> <p>To attend the foundation teaching each week.</p>											
Typical working pattern in this placement	<p>There is no on call commitment to this post.</p> <p style="text-align: center;">GU MEDICINE</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">Monday AM</td> <td style="width: 50%;">General Clinic</td> </tr> <tr> <td>Monday PM</td> <td>HIV Clinic</td> </tr> <tr> <td>Tuesday AM</td> <td>General Clinic</td> </tr> <tr> <td>Tuesday PM</td> <td>General Clinic</td> </tr> <tr> <td>Wednesday AM</td> <td>HIV Clinic</td> </tr> </table>		Monday AM	General Clinic	Monday PM	HIV Clinic	Tuesday AM	General Clinic	Tuesday PM	General Clinic	Wednesday AM	HIV Clinic
Monday AM	General Clinic											
Monday PM	HIV Clinic											
Tuesday AM	General Clinic											
Tuesday PM	General Clinic											
Wednesday AM	HIV Clinic											

	Wednesday 1pm	Generic Mandatory F2 Teaching
	Wednesday PM	Free Session - Audit/Research
	Thursday AM	General Clinic
	Thursday 12.30	Medical Grand Round
	Thursday PM	Departmental Teaching]
	Friday AM	General Clinic
	Friday PM	Research/Audit/Free Time
	MICROBIOLOGY	
	Monday AM	Bench Round / Infectious Diseases/Micro MDT/Ward Round / AMU Round 10.30
	Monday PM	ITU/HDU 3pm
	Tuesday AM	Bench Round / Infection Control Meet/Micro MDT/Ward Round / AMU Round 10.30
	Tuesday PM	ITU 3pm
	Wednesday AM	HIV Clinic / Bench Round / Infectious Diseases/Micro MDT/Ward Round / AMU Round 10.30
	Wednesday 1.00 pm	Generic Mandatory F2 Teaching
	Wednesday PM	ITU/HDU 3pm
	Thursday AM	Bench Round / Infectious Diseases/Micro MDT/Ward Round / AMU Round 10.30
	Thursday 12.30 pm	Medical Grand Ground
	Thursday PM	ITU/HDU 3pm
	Friday AM	Bench Round / Infectious Diseases/Micro MDT/Ward Round / AMU Round 10.30
	Friday PM	ITU/HDU 3pm
Employer information	The employer for this post is Southend University Hospital NHS Foundation Trust. The post will be based in Southend University Hospital which provides an extensive range of secondary services for the growing local community of approximately 362 649.	

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**Southend University Hospital NHS Foundation Trust
Individual Placement Description**

Placement	F2 Neurology/Stroke
The department	The department has 4 Consultant Neurologists (Drs Everett, Sanvito, Coward and Mavra) and 3 Stroke Physicians (Drs Guyler, O'Brien and Sinha. There is a Neurology Registrar and several Stroke Registrars. All consultants undertake several outpatient clinics a week and regularly have inpatients. The department provides Neurology and Stroke advice to other teams. There are close links with Queens Neurosurgical unit and the Royal London Hospital.
The type of work to expect and learning opportunities	<p>All F2 doctors will be ward based working on Neurorehabilitation ward with opportunity to spend time on the Acute Stroke Unit. During the normal working day the F2 will be expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Excellent MDT experience will be gained. There will be a four week AMU posting during which time the F2 will be involved in the generic clerking /presenting / managing investigations of patients with acute and differentiated medical problems and their care whilst in AMU. Emphasis on management of long term conditions. Supervision of F1 trainee during placement. In this way the F2 gains experience in both Neurology/Stroke as well as acute medicine. The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Paglesham and Benfleet wards, Southend University Hospital.
Clinical Supervisor(s) for the placement	Dr Coward, Dr Everett, Dr Mavra, Dr Sanvito, Dr Guyler, Dr Sinha, Dr O'Brien
Main duties of the placement	Daily ward rounds and maintaining an accurate medical record every day. Seeing new referrals to neurology with consultants. Presenting patients at MDM and radiology meetings
Typical working pattern in this placement	The Dept. Medicine operates a Ward Based System. This requires day shifts which are typically 9-5 / 1.30 to 9.30. The F2 will work 3 weekends in every 25. Nights shifts according to wider rota as below.

	<p>Typical working week in this post:</p> <table border="1"> <tr> <td>Monday AM</td> <td>Stroke Handover, Consultant Ward Round</td> </tr> <tr> <td>Monday PM</td> <td>Consultant Ward Round</td> </tr> <tr> <td>Tuesday AM</td> <td>Radiology Meeting SHO/SpR Ward Round</td> </tr> <tr> <td>Tuesday PM</td> <td>Consultant Ward Rounds</td> </tr> <tr> <td>Wednesday AM</td> <td>MDM</td> </tr> <tr> <td>Wednesday 1pm</td> <td>Generic Mandatory F2 Teaching</td> </tr> <tr> <td>Wednesday PM</td> <td>Teaching</td> </tr> <tr> <td>Thursday AM</td> <td>SHO Ward Round</td> </tr> <tr> <td>Thursday 12.30 pm</td> <td>Medical Grand Round</td> </tr> <tr> <td>Thursday PM</td> <td>Ward Duties</td> </tr> <tr> <td>Friday AM</td> <td>Consultant Ward Rounds</td> </tr> <tr> <td>Friday PM</td> <td>Consultant Ward Rounds</td> </tr> <tr> <td>Saturday & Sunday</td> <td>On Call duties as per rota</td> </tr> </table>	Monday AM	Stroke Handover, Consultant Ward Round	Monday PM	Consultant Ward Round	Tuesday AM	Radiology Meeting SHO/SpR Ward Round	Tuesday PM	Consultant Ward Rounds	Wednesday AM	MDM	Wednesday 1pm	Generic Mandatory F2 Teaching	Wednesday PM	Teaching	Thursday AM	SHO Ward Round	Thursday 12.30 pm	Medical Grand Round	Thursday PM	Ward Duties	Friday AM	Consultant Ward Rounds	Friday PM	Consultant Ward Rounds	Saturday & Sunday	On Call duties as per rota
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Employer information	<p>The employer for this post is Southend University Hospital NHS Foundation Trust. The post will be based in Southend University Hospital which provides an extensive range of secondary services for the growing local community of approximately 362 649.</p>																										

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Southend University Hospital NHS Foundation Trust Individual Placement Description

Placement	F2, Obstetrics & Gynaecology									
The department	The Dept. Obstetrics & Gynaecology comprises 8 Consultants. The Obstetrics & Gynaecology Directorate provides excellent care to all women within South East Essex. The Department has CNST Level 2 for maternity services, a top 25% rating in the Healthcare Commission review for maternity services, and good gynaecological oncology Cancer Peer Review. The Directorate is the designated Gynaecological Cancer Centre for South Essex and also provides a wide variety of expertise in gynaecology.									
The type of work to expect and learning opportunities	<p>The F2 year is to provide the trainee with the knowledge, skills and attitudes to be able to:</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers. 									
Where the placement is based	Eastwood Ward (Gynae) / MB1 And MB2 (Labour) / Clinics are based in the Womens Clinic									
Clinical Supervisor(s) for the placement	Mr K Razvi									
Main duties of the placement	The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of patient's medical record. The F2 will have opportunity to undertake procedures such as: speculum examination; removal retained products; suturing; assist in C Section; marina coil. There will also be opportunities to attend Theatres. You will see women patients of all ages and Pregnant women. There will be opportunity to undertake audit. The F2 will be responsible for such other specific clinical duties as allocated by consultants including arranging appropriate investigations and performing other duties in occasional emergencies and unforeseen circumstances. The F2 will take part in the O & G rota.									
Typical working pattern in this placement	<p>A Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions is as follows:</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">Monday AM</td> <td>Gynae Clinic</td> </tr> <tr> <td>Monday PM</td> <td>Antenatal Clinic</td> </tr> <tr> <td>Tuesday AM/PM</td> <td>Labour Ward Cover</td> </tr> <tr> <td></td> <td>Ward Work</td> </tr> </table>		Monday AM	Gynae Clinic	Monday PM	Antenatal Clinic	Tuesday AM/PM	Labour Ward Cover		Ward Work
Monday AM	Gynae Clinic									
Monday PM	Antenatal Clinic									
Tuesday AM/PM	Labour Ward Cover									
	Ward Work									

	Wednesday AM 8 - 1	Gynae On Call
	Wednesday 1pm	Generic Mandatory F2 Teaching
	Wednesday Afternoon	Off
	Wednesday PM 5 - 9	Gynae Cover
	Thursday AM	Theatre
	Thursday 12.30	Medical Grand Round
	Thursday PM	Admin
	Friday AM	Ward Work
	Friday PM	Consultant led Teaching
	Saturday & Sunday	As per Rota
	<p>The F2 will work a 1:9 shift system including nights which are Monday to Thursday or Friday to Monday. Long Days are 08.30 until 9.00 pm.</p> <p><i>On call requirements: As per rota</i></p>	
Employer information	<p>The employer for this post is Southend University Hospital NHS Foundation Trust. The post will be based in Southend University Hospital which provides an extensive range of secondary services for the growing local community of approximately 362 649.</p>	

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Southend University Hospital NHS Foundation Trust Individual Placement Description

Placement	F2 Paediatrics & Neonates		
The department	The Paediatric department comprises of 10 Consultants. All aspects of Childcare are treated.		
The type of work to expect and learning opportunities	<p>The post will consist of 2 months undertaking General Paediatrics and 2 months undertaking Neonates. There is a comprehensive departmental induction programme over a 3 day period including neonatal resuscitation. The 35 bed Neptune Ward caters for children with medical, surgical and orthopaedic problems and accepts admissions from A&E, GP's and outpatients. There is a separate 16 cot Neonatal unit incorporating the ICU & SCBU. The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers. 		
Where the placement is based	Paediatric & Neonatal Wards		
Clinical Supervisor(s) for the placement	Dr A Shrivastava / Dr F Awadalla / Dr M Rahman / Dr A Khan / Dr R Chetan		
Main duties of the placement	<p>To be part of the daily ward round with the team and deliver daily care. To attend the foundation teaching each week. At the end of the 4 months the F2 doctor should be competent in</p> <ul style="list-style-type: none"> • recognising the sick child, • assessing children in A&E and on the children's ward, • Communicating with children and families. <p>The trainee will have gained experience in resuscitating sick children and neonates, have taken part in paediatric outpatient clinics, followed children through their clinical pathway and developed good relationships within the multidisciplinary team.</p>		
Typical working pattern in this placement	Monday AM	Consultant Ward Round	
	Monday PM	Ward Work	
	Tuesday AM	Consultant Ward Round	
	Tuesday PM	Ward Work	
	Wednesday AM	Consultant Ward Round	

	Wednesday 1pm	Generic Mandatory F2 Teaching
	Wednesday PM	Ward Work
	Thursday AM	Consultant Ward Round
	Thursday Lunchtime	Fortnightly Radiology Meeting
	Thursday 1PM	Paediatric Teaching / Ward Work
	Friday 9am AM	Paediatric Grand Round/Teaching
	Friday Lunchtime	Consultant Led Teaching
	Friday PM	Paediatric Journal Club & Ward Work
	<p>There is a 7 week rolling rota comprising long days / short days and on calls. One week in 7 the F2 is rostered to undertake a clinic week. On Call: 4 nights every 7 weeks Weekends 1:7 or 1:5</p>	
Employer information	<p>The employer for this post is Southend University Hospital NHS Foundation Trust. The post will be based in Southend University Hospital which provides an extensive range of secondary services for the growing local community of approximately 362 649.</p>	

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Southend University Hospital NHS Foundation Trust Individual Placement Description

Placement:	F2 community and Inpatient Psychiatry																										
The department:	General Adult Psychiatry.																										
The type of work to expect and learning opportunities:	Ward rounds and patients reviews on the inpatient unit, Out-patient clinics at Coombewood CMHT. Learning opportunities: Diagnosis and management of mental illness, Psychiatric emergencies, Liaison Psychiatry.																										
Where the placement is based:	Willow ward (Rochford Hospital) and Coombewood CMHT.																										
Clinical Supervisor(s) for the placement:	Dr Amr Abdel Aty (This will change to Dr Elizabeth Barron as from 3 rd January 2012).																										
Main duties of the placement:	Out-patient clinics, ward rounds and patients reviews on willow ward and participation in the on-call rota.																										
Typical working pattern in this placement	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable)</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td>Monday AM</td><td>Ward Work / Supervision 11-12</td></tr> <tr><td>Monday PM</td><td>Outpatient Clinic</td></tr> <tr><td>Tuesday AM</td><td>Outpatient Clinic</td></tr> <tr><td>Tuesday PM</td><td>Ward Work</td></tr> <tr><td>Wednesday AM</td><td>Ward Work</td></tr> <tr><td>Wednesday 1pm</td><td>Generic Mandatory F2 Teaching</td></tr> <tr><td>Wednesday PM</td><td>Ward Work</td></tr> <tr><td>Thursday AM</td><td>Academic meeting at Rochford Hospital</td></tr> <tr><td>Thursday 12.30 pm</td><td>Medical Grand Round</td></tr> <tr><td>Thursday PM</td><td>Ward Work</td></tr> <tr><td>Friday AM</td><td>Outpatient Clinic</td></tr> <tr><td>Friday PM</td><td>Ward Work</td></tr> <tr><td>Saturday & Sunday</td><td>As per rota</td></tr> </table> <p><i>On call requirements:</i> Participation in the first on-call rota, covering Rochford hospital and A&E at Southend Hospital.</p>	Monday AM	Ward Work / Supervision 11-12	Monday PM	Outpatient Clinic	Tuesday AM	Outpatient Clinic	Tuesday PM	Ward Work	Wednesday AM	Ward Work	Wednesday 1pm	Generic Mandatory F2 Teaching	Wednesday PM	Ward Work	Thursday AM	Academic meeting at Rochford Hospital	Thursday 12.30 pm	Medical Grand Round	Thursday PM	Ward Work	Friday AM	Outpatient Clinic	Friday PM	Ward Work	Saturday & Sunday	As per rota
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Friday PM	Ward Work																										
Saturday & Sunday	As per rota																										
Employer information	The employer for this post is Rochford Hospital. The post will be based in both Rochford and Southend. Hospitals. The main clinical services at Rochford are: Assessment Suite (inc. Section 136 suite) 2 x 24 beds adult admission wards 1 x 15 beds CAMHS inpatient service 2 x 24 beds older people assessment wards Range of essential clinical and non-clinical facilities.																										

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Southend University Hospital NHS Foundation Trust Individual Placement Description

Placement	F2 – General Surgery							
The department	The Surgical department consists of 12 Consultants specialising in Vascular; Colorectal; Gastrointestinal; Breast;Laparoscopic;Upper GI problems. The Department provides comprehensive care for elective and emergency, general and specialist surgery. There are three general surgical wards, as well as a 24 bedded 23-hour ward. There is a 43-bedded Day Stay Ward adjacent to the three dedicated Day Stay Theatres. There are ten in-patient Operating Theatres located on the first floor of the hospital. The Department has a Surgical Assessment Unit (Chalkwell ward) which also incorporates 12 beds/trolleys, for its emergency referrals.							
The type of work to expect and learning opportunities	<p>All duties of a FY2 doctor:</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively <p>Become life-long learners and teachers.</p>							
Where the placement is based	Southend University Hospital							
Clinical Supervisor(s) for the placement	Mr Salter / Mr Jakeways / Mr Dworkin / Mr Praveen / Mr Tsokadayi.							
Main duties of the placement	<p>To be part of the daily ward round with the team and deliver daily care. To carry out the day-to-day care of the patients alongside the other members of the team.</p> <p>To complete discharge summaries, request investigations, reviewing blood results etc.</p> <p>To assess acutely unwell patients in SAU.</p> <p>To assess acutely sick patients.</p> <p>Perioperative care.</p> <p>Assessment of patients in OPD.</p> <p>To attend the foundation teaching each week.#</p>							
Typical working pattern in this placement	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 30%;">Monday AM</td> <td>Consultant/Reg Led Ward Round</td> </tr> <tr> <td>Monday PM</td> <td>Ward Work / Clinic (actual day varies)</td> </tr> <tr> <td>Tuesday AM</td> <td>Consultant/Reg Led Ward Round</td> </tr> </table>		Monday AM	Consultant/Reg Led Ward Round	Monday PM	Ward Work / Clinic (actual day varies)	Tuesday AM	Consultant/Reg Led Ward Round
Monday AM	Consultant/Reg Led Ward Round							
Monday PM	Ward Work / Clinic (actual day varies)							
Tuesday AM	Consultant/Reg Led Ward Round							

	Tuesday PM	Ward Work / Clinic (actual day varies)
	Wednesday AM	Consultant/Reg Led Ward Round
	Wednesday 1-2 pm	Generic Mandatory F2 Teaching
	Wednesday PM	Ward Work
	Thursday AM	Consultant/Reg Led Ward Round
	Thursday 12.30	Medical Grand Round
	Thursday PM	Ward Work / half day(actual day varies)
	Friday AM	Consultant/Reg Led Ward Round
	Friday PM	Ward Work
	<p>Attendance at theatres averages out at approximately 3 half day per week with a minor ops 1 half day per week. Attendance at 2 half day clinics during week. There will be a post on call Ward Round 1 morning a week. <i>On call requirements:</i> 1:10 Week of Nights with a week off after. 1:10 SAU week (Mon – Thurs. 8am to 9pm and Friday off). 1:10 Weekend Days.</p>	
Employer information	<p>The employer for this post is Southend University Hospital NHS Foundation Trust. The post will be based in Southend University Hospital which provides an extensive range of secondary services for the growing local community of approximately 362 649.</p>	

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Southend University Hospital NHS Foundation Trust Individual Placement Description

Placement	F2 Trauma and Orthopaedics																				
The department	The department comprises 11 Consultants and 2 Associate Specialists. There is a one week in eight trauma system in place. The department serves a catchment area of 300000.																				
The type of work to expect and learning opportunities	<p>All F2 Doctors in hospital posts will generally be ward based during the normal working day and expected to deliver on going care to the patients on the wards. The F2 will also assist in theatre and gain experience in OPD clerking and assessing patients</p> <p>The overall objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients , relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with legal and ethical issues which occur during the management of patients with orthopaedic problems • Educate patients effectively • Become life long learners and teachers. 																				
Where the placement is based	Shopland and Castlepoint Wards, Southend University Hospital.																				
Clinical Supervisor(s) for the placement	Mr A Greer / Mr S Sarkar / Mr P Lusty / Mr A White																				
Main duties of the placement	<p>The F2 doctor is responsible with other members of the team for the in patient care of patients and maintenance of the medical records. They will have the opportunity to work with Consultant in OPD or theatres for at least one day each week.</p> <p>The F2 is expected to attend the Trauma meeting each morning and the weekly structured teaching programmes provided by the department.</p>																				
Typical working pattern in this placement	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions</p> <p>Daily Trauma meeting 0830 am</p> <p>Weekly teaching session 0830 am Friday</p> <table border="1" style="margin-left: 20px;"> <tr> <td>Monday AM</td> <td>Ward Work</td> </tr> <tr> <td>Monday PM</td> <td>Half Day</td> </tr> <tr> <td>Tuesday AM</td> <td>Theatres</td> </tr> <tr> <td>Tuesday PM</td> <td>Outpatient Clinic</td> </tr> <tr> <td>Wednesday AM</td> <td>A & E cover</td> </tr> <tr> <td>Wednesday 1 - 2</td> <td>Generic Mandatory F2 Teaching</td> </tr> <tr> <td>Wednesday PM</td> <td>A & E Cover</td> </tr> <tr> <td>Thursday AM</td> <td>Ward Work</td> </tr> <tr> <td>Thursday 12.30 pm</td> <td>Medical Grand Round</td> </tr> <tr> <td>Thursday PM</td> <td>Ward Work</td> </tr> </table>	Monday AM	Ward Work	Monday PM	Half Day	Tuesday AM	Theatres	Tuesday PM	Outpatient Clinic	Wednesday AM	A & E cover	Wednesday 1 - 2	Generic Mandatory F2 Teaching	Wednesday PM	A & E Cover	Thursday AM	Ward Work	Thursday 12.30 pm	Medical Grand Round	Thursday PM	Ward Work
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Thursday AM	Ward Work																				
Thursday 12.30 pm	Medical Grand Round																				
Thursday PM	Ward Work																				

	Friday AM	Theatres/Ward Work	
	Friday PM	Theatres/Ward Work	
	Saturday & Sunday	As per Rota - 1:10 Trauma plus 1:10 Day / Nights	
Employer information	The employer for this post is Southend University Hospital NHS Foundation Trust. The post will be based in Southend University Hospital which provides an extensive range of secondary services for the growing local community of approximately 362,649.		

It is important to note that this description is a typical example of your placement and may be subject to change.

Southend University Hospital NHS Foundation Trust Individual Placement Description

Placement	F2 Urology		
The department	The Urology department consists of 7 Consultants. All aspects of urological problems are treated. In addition Southend Hospital is a regional cancer centre and has interests in urinary tract calculi and laser prostate surgery. The post is very well supported by dedicated ward staff.		
The type of work to expect and learning opportunities	<p>All duties of a foundation year two doctor:</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers. <p>On the acute block the FY2 doctors are expected to clerk new patients – history, examination, basic investigations. To assess sick patients on the general surgical wards during on-call weekends and nights.</p> <p>Also to see ward referrals and attend day surgery, main theatre and outpatients as clinical duties allow.</p>		
Where the placement is based	Edmund Stone Ward, Southend University Hospital.		
Clinical Supervisor(s) for the placement	Professor A Young		
Main duties of the placement	<p>To be part of the daily ward round with the team and deliver daily care. To carry out the day-to-day care of the patients alongside the other members of the team.</p> <p>To complete discharge summaries, request investigations, reviewing blood results etc.</p> <p>To attend the foundation teaching each week.</p> <p>To see ward referrals and attend day surgery, main theatre and outpatients as clinical duties allow.</p>		
Typical working pattern in this placement	Monday AM	Registrar Led Ward Round	
	Monday PM	Ward Work	
	Tuesday AM	Registrar Led Ward Round	
	Tuesday PM	Ward Work	
	Wednesday AM	Registrar Led Ward Round/Urology MDT	

	Wednesday 1pm	Generic Mandatory F2 Teaching
	Wednesday PM	Ward Work
	Thursday AM	Registrar Led Ward Round
	Thursday 12.30	Medical Grand Round
	Thursday PM	Ward Work
	Friday AM	Registrar Led Ward Round
	Friday Lunchtime	Consultant Led Teaching
	Friday PM	Journal Club & Ward Work
	<p>Theatre Opportunities: Monday / Thursday / Friday. All day lists. Consultant Ward Rounds daily – varying times.</p> <p><i>On call requirements:</i> Weekend 0800-2030 1 in 5 Nights: 2030 – 0800 for 7 nights 1 in 5 (with week off after) SAU (for general surgery/urology) 0800-2030 for 1 week 1 in 5</p>	
Employer information	<p>The employer for this post is Southend University Hospital NHS Foundation Trust. The post will be based in Southend University Hospital which provides an extensive range of secondary services for the growing local community of approximately 362 649.</p>	

It is important to note that this description is a typical example of your placement and may be subject to change.