



Princess Alexandra Hospital



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Aspects to Consider

- Location
- Accommodation
- Salary
- Rotations
- Teaching
- Social events



Location

- Closest out-firm to London

Driving

- 30 minutes from Mile End station
- -**M11** Jn 7 (SE of Harlow)
- -**M25** (south of Harlow connecting via the **M11**)

Trains

- **Harlow Town Rail station**
 - <30 minute away from Liverpool Street Station
- Regular - 2 every 30 minutes
- 15 minutes to Stansted Airport

- Harlow Town Centre – 5 min walk from hospital



Accommodation

- Modern on-site accommodation
- <1 minute walk into hospital
- En-suite room: £391.61/month



Accommodation



4 bedroom house

- Basin in each room
- Shared bathroom, shower, 2x toilets, kitchen, lounge:
£377.85/month
- Includes electricity & water bills, council tax & communal
TV license

Accommodation



- Dishwasher, washing machine & dryer
- Weekly cleaner
- Free parking



Salary

- New salaries from April 09 have not been issued yet
- Currently 2B banding: basic + 50%
- Excellent salary compared to other hospitals

Rotations

1	Colorectal and General Surgery	HCOE/General Medicine	ITU/EAU
2	Urology and General Surgery	HCOE/General Medicine	ITU/EAU
3	Vascular and General Surgery	Respiratory and General Medicine	ITU/EAU
4	Vascular and General Surgery	HCOE/General Medicine	ITU/EAU
5	Vascular and General Surgery	Gastro/General Medicine	Cardiology/General Medicine
6	Colorectal and General Surgery	Cardiology/General Medicine	Gastro/General Medicine
7	Colorectal and General Surgery	HCOE/General Medicine	ITU/EAU
8	Breast and General Surgery	HCOE/General Medicine	Paediatrics
9	Breast and General Surgery	Respiratory and General Medicine	Urology
10	Urology and General Surgery	HCOE/General Medicine	Paediatrics
11	Lap and General Surgery	Endocrine/General Medicine	Urology



Annual leave

Medicine

- 9 days off every 4 months

Surgery

-Two weeks off after one week of surgical EAU on-call

-Monday off after every surgical EAU weekend on-call



Teaching Programme

- 1 hour protected teaching on key topics, covered in the foundation programme & hot lunch
- Medical Grand Round including hot lunch
- Surgical Breakfast meeting including breakfast



Assessment

- 2 DOP'S
- 2 MiniCEX's
- 2 CBd's
- 4 miniPAT reviews

- Induction meeting, mid-point meeting & end of firm review.



Social Events

- Social Club
- Team Eat Out
- Winter Masquerade Ball
- Train Tube Party- tbc
- Summer Ball- tbc

- Doctors Mess: £10/month

Thank You