

## The Princess Alexandra Hospital NHS Trust Individual Placement Description

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| <b>Placement</b>   | <b>F2 Emergency Medicine</b>   |
| <b>The department</b>  | The Emergency Department comprises 6 Consultants. The department serves the West Essex Region and a local population of 258,000 people and sees about 80,000 new patients per year.  |
| <b>The type of work to expect and learning opportunities</b> | <p>All F2 Doctors rotating through the Emergency Department will spend four months working a full shift pattern with fixed annual leave. The rota is seven days work in a row with two days off and annual leave to follow nights.</p> <p>The overall educational objectives of the F2 post in the ED are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Make initial management plans</li> <li>• Stabilize sick patients and start initial treatment</li> <li>• See patients in resus</li> <li>• Work in close conjunction with other specialties</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep accurate, thorough medical records</li> <li>• Handover and transfer patients care safely and effectively</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul> |
| <b>Where the placement is based</b>                          | Princess Alexandra Hospital Emergency Department.  |
| <b>Clinical Supervisor(s) for the placement</b>              | Miss Maria Smith, Mr Suneil Ramnani, Dr Mary John, Mr An Khan, Dr T Davies, Dr J Abdul Jawad   |
| <b>Main duties of the placement</b>                          | The F2 doctor is responsible with other staff for the emergency care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in the Department. They are expected to attend the structured teaching programmes provided by the department and by the Medical Education Department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.   |
| <b>Typical working pattern in this placement</b>             | Days: 0800 Clerking patients as above<br>1700 Handover   |

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|                                    | <p style="text-align: center;">or</p> <p style="text-align: center;">10.00 – 19.00</p> <p>Twilight: 15.00 – 21.00</p> <p style="text-align: center;">16.00 – 01.00</p> <p>Nights: 22.00 – 08.00</p> <p>There is some variation to the above with shifts from 8 – 11 hours.<br/><i>No oncall requirements</i></p> |
| <p><b>Employer information</b></p> | <p>The employer for this post is The Princess Alexandra Hospital NHS Trust.</p> <p>The post will be based in the Emergency Department at PAH, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 260,000.</p>        |

## The Princess Alexandra Hospital NHS Trust Individual Placement Description

| Placement  | <b>F2 General Medicine / Care of the Elderly</b>  |
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| <b>The department</b>  | The Care of the Elderly Department comprises 6 Consultants. The department serves the West Essex Region and a local population of 258,000 people.   |
| <b>The type of work to expect and learning opportunities</b> | <p>All F2 Doctors rotating through the Medical Departments will do on calls and will carry the 'crash' bleep periodically requiring urgent assessment of patients who have arrested.</p> <p>The overall educational objectives of the F2 post in General Medicine/Care of the Elderly are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Make initial management plans</li> <li>• Stabilize sick patients and start initial treatment</li> <li>• See patients in resus</li> <li>• Work in close conjunction with other specialties</li> <li>• Managing safe discharges</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul> |
| <b>Where the placement is based</b>                          | Princess Alexandra Hospital – Harold Ward   |
| <b>Clinical Supervisor(s) for the placement</b>              | Dr A Dain, Dr J Tharakan, Dr K Gunasekera, Dr J Snook, Dr Ambe, Dr Harripaul  |
| <b>Main duties of the placement</b>                          | The F2 doctor is responsible with other staff for the complex care and rehabilitation of elderly patients and the maintenance of the patient's medical record. They will see various medical conditions and manage patients discharge to ensure safety within the community. They have the opportunity to work with the consultants in the Department. They are expected to attend the structured teaching programmes provided by the department and by the Medical Education Department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.  |
| <b>Typical working pattern in this placement</b>             | Days: 0900 – 17.00<br>Preparation for daily morning ward rounds, Board  |

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|                                    | <p>Meetings, jobs, TTA's, reviewing sick patients, seeing to new admissions, speaking to families and addressing any patient concerns. Daily handover to on-call team. Weekly MDT meeting.</p> <p><i>Twilight:</i></p> <p><i>Nights:</i> 21.00 – 09.00<br/>Two sets of seven nights covering acute admissions and ward patients.</p> <p><i>On call requirements:</i><br/>Medical on-calls once a week and a full weekend every 6 – 8 weeks. If on call on weekday, finish on ward at 5pm and cover ward patients or acute admissions until 9pm.</p> |
| <p><b>Employer information</b></p> | <p>The employer for this post is The Princess Alexandra Hospital NHS Trust.<br/>The post will be based in the Rehabilitation Ward for Elderly Patients.</p>   |

## The Princess Alexandra Hospital NHS Trust Individual Placement Description

| <b>Placement</b>   | <b>F2 Endocrinology / Diabetes</b>   |
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| <b>The department</b>  | The Diabetes/Endocrinology Department comprises two Consultants. The department serves the West Essex Region and a local population of 258,000 people.   |
| <b>The type of work to expect and learning opportunities</b> | <p>All F2 Doctors rotating through the Diabetes/Endocrinology Department will be part of the Medical on-call rota and will carry the 'crash' bleep periodically requiring urgent assessment of patients who have arrested.</p> <p>The overall educational objectives of the F2 post in Diabetes/Endocrinology Department are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Make initial management plans</li> <li>• Stabilize sick patients and start initial treatment</li> <li>• See patients in resus</li> <li>• Work in close conjunction with other specialties</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul> |
| <b>Where the placement is based</b>                          | Princess Alexandra Hospital – Various Wards  |
| <b>Clinical Supervisor(s) for the placement</b>              | Dr P De-Silva and Dr A Solomon   |
| <b>Main duties of the placement</b>                          | <p>The F2 doctor is responsible with other staff for the care of general medical patients predominantly oncology patients, some diabetes related and some endocrinology related.</p> <p>They have the opportunity to work closely with the consultants in the Department. They are expected to attend the structured teaching programmes provided by the department and by the Medical Education Department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>  |
| <b>Typical working pattern in this placement</b>             | <p><i>Days:</i> 0900 – 17.00</p> <p>Preparation for daily morning ward rounds, White Board Meetings, jobs, reviewing sick patients, seeing</p>   |

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|                                    | <p>to new admissions, speaking to families and addressing any patient concerns. Daily handover to on-call team. Weekly MDT meeting.</p> <p><i>Twilight:</i></p> <p><i>Nights:</i> 21.00 – 10.00<br/>Two sets of seven nights covering acute admissions and ward patients.</p> <p><i>On call requirements:</i><br/>EAU and ward cover – 09.00a, - 21.00pm.</p> |
| <p><b>Employer information</b></p> | <p>The employer for this post is The Princess Alexandra Hospital NHS Trust.<br/>The post will be ward based.</p>  |

## The Princess Alexandra Hospital NHS Trust Individual Placement Description

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| <b>Placement</b>   | <b>F2 GP South Street Surgery</b>  |
| <b>The department</b>  | The practice comprises 12 GP's and serves the town of Bishops Stortford and surrounding villages with a population of 40,000.  |
| <b>The type of work to expect and learning opportunities</b> | <p>All F2 Doctors rotating through this placement will be part of the weekend Surgical on-call rota at PAH in order to keep the banding up to the level of other trainees doing a full shift pattern with on-calls. They will be expected to participate in seeing patients, holding clinics, attending home visits and residential home rotas.</p> <p>The overall educational objectives of the F2 post in General Practice are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Make initial management plans</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients and their relatives</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul> |
| <b>Where the placement is based</b>                          | South Street Surgery, Bishops Stortford  |
| <b>Clinical Supervisor(s) for the placement</b>              | Dr Milinda Tennekoon, Dr Sarah Dixon and Dr Alison Jordon  |
| <b>Main duties of the placement</b>                          | <p>The F2 doctor is responsible with other staff for the care of patients.</p> <p>They have the opportunity to work closely with their GP Trainers. They are expected to attend the structured teaching programmes provided by the Surgery and by the Medical Education Department. The doctor will be responsible for such other specific clinical duties as allocated by GP Trainers including performing other duties in occasional emergencies and unforeseen circumstances.</p>   |
| <b>Typical working pattern in this placement</b>             | <p><i>Days:</i> Mon – Fri 0900 – 17.30<br/>Thursday – educational day</p> <p><i>Weekend Surgical On call requirements:</i><br/>One/Two per four month placement</p>  |
| <b>Employer information</b>                                  | <p>The employer for this post is The Princess Alexandra Hospital NHS Trust.</p> <p>The post will be based at the South Street Surgery, Bishops Stortford. Use of a car is advisable.</p>   |

## The Princess Alexandra Hospital NHS Trust Individual Placement Description

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| <b>Placement</b>   | <b>F2 GP Nuffield House, Harlow</b>  |
| <b>The department</b>  | The practice comprises 7 GP's and serves the town of Harlow and surrounding villages with a population of 80,000.  |
| <b>The type of work to expect and learning opportunities</b> | <p>All F2 Doctors rotating through this placement will be part of the weekend Surgical on-call rota at PAH in order to keep the banding up to the level of other trainees doing a full shift pattern with on-calls. They will be expected to participate in seeing patients, holding clinics, attending home visits and residential home rotas.</p> <p>The overall educational objectives of the F2 post in General Practice are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Make initial management plans</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients and their relatives</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul> |
| <b>Where the placement is based</b>                          | Nuffield House, Harlow   |
| <b>Clinical Supervisor(s) for the placement</b>              | Dr Debs Basu   |
| <b>Main duties of the placement</b>                          | <p>The F2 doctor is responsible with other staff for the care of patients.</p> <p>They have the opportunity to work closely with their GP Trainees. They are expected to attend the structured teaching programmes provided by the Surgery and by the Medical Education Department. The doctor will be responsible for such other specific clinical duties as allocated by GP Trainer including performing other duties in occasional emergencies and unforeseen circumstances.</p>  |
| <b>Typical working pattern in this placement</b>             | <p><i>Days:</i> Mon – Fri 0900 – 17.30<br/>Thursday – educational day</p> <p><i>Weekend Surgical On call requirements:</i><br/>One/Two per four month placement</p>  |
| <b>Employer information</b>                                  | <p>The employer for this post is The Princess Alexandra Hospital NHS Trust.</p> <p>The post will be based at the Nuffield House Surgery, Harlow. Use of a car is advisable.</p>  |

## The Princess Alexandra Hospital NHS Trust Individual Placement Description

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| <b>Placement</b>   | <b>F2 GP Limes Medical Centre, Epping</b>  |
| <b>The department</b>  | The practice comprises 6 GP's and serves the town of Epping and surrounding villages with an approximate population of 12,000.   |
| <b>The type of work to expect and learning opportunities</b> | <p>All F2 Doctors rotating through this placement will be part of the weekend Surgical on-call rota at PAH in order to keep the banding up to the level of other trainees doing a full shift pattern with on-calls. They will be expected to participate in seeing patients, holding clinics, attending home visits and residential home rotas.</p> <p>The overall educational objectives of the F2 post in General Practice are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Make initial management plans</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients and their relatives</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul> |
| <b>Where the placement is based</b>                          | Limes Medical Centre, Epping   |
| <b>Clinical Supervisor(s) for the placement</b>              | Dr Sanjeev Rana  |
| <b>Main duties of the placement</b>                          | <p>The F2 doctor is responsible with other staff for the care of patients.</p> <p>They have the opportunity to work closely with their GP Trainers. They are expected to attend the structured teaching programmes provided by the Surgery and by the Medical Education Department. The doctor will be responsible for such other specific clinical duties as allocated by GP Trainers including performing other duties in occasional emergencies and unforeseen circumstances.</p>   |
| <b>Typical working pattern in this placement</b>             | <p><i>Days:</i> Mon – Fri 0900 – 17.30<br/>Thursday – educational day</p> <p><i>Weekend Surgical On call requirements:</i><br/>One/Two per four month placement</p>  |
| <b>Employer information</b>                                  | The employer for this post is The Princess Alexandra Hospital NHS Trust.   |

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|  | The post will be based at the Limes Medical Centre,<br>Epping. Use of a car is advisable. |
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## The Princess Alexandra Hospital NHS Trust Individual Placement Description

| Placement  | F2 Urology  |
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| <b>The department</b>  | The Urology Department comprises 3 Consultants. The department serves the West Essex Region and a local population of 258,000 people.   |
| <b>The type of work to expect and learning opportunities</b> | <p>Standard General Surgery work including pre-op management and post-op care (analgesia, anticoagulation management, discharge documentation etc). We do General Surgical FY2 on-calls which are very useful.</p> <p>Exposure to Urological emergencies which are different from General Surgery cases. Opportunity to attend clinics.</p> <p>The overall educational objectives of the F2 post is to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Make initial management plans</li> <li>• Stabilize sick patients and start initial treatment</li> <li>• See patients in resus</li> <li>• Work in close conjunction with other specialties</li> <li>• Managing safe discharges</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul> |
| <b>Where the placement is based</b>                          | Placement is based at PAH and occasionally at St Margaret, Epping (for clinics). Urology does not have a dedicated ward so our patients are spread throughout the hospital  |
| <b>Clinical Supervisor(s) for the placement</b>              | Mr Jaspal Viridi, Mr R Samman, Mr B Potluri   |
| <b>Main duties of the placement</b>                          | Patient list organizing, discharge documentation, patient clerking. Seeing acutely unwell patients. Ward jobs including phlebotomy, cannulation, catheterization.   |
| <b>Typical working pattern in this placement</b>             | <p><u>Days:</u> Mon- Fri, 0745-1830 (on average)</p> <p><u>Twilight:</u> *see on call*</p> <p><u>Nights:</u> *none*</p>   |

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|                             | <p><u>Weekends</u> *see on call*</p> <p><u>Oncall requirements:</u> Same on-call rota for General Surgery FY2s (average 1 weekend ward cover 0800-2100 and A&amp;E cover 1100-0000. 2 weeks ward cover and 1 week A&amp;E cover).</p>   |
| <b>Employer information</b> | <p>The employer for this post is The Princess Alexandra Hospital NHS Trust.</p> <p>The post will be based in the Urology Department at PAH, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 260,000.</p> |

## The Princess Alexandra Hospital NHS Trust Individual Placement Description

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| <b>Placement</b>   | <b>F2 Orthopaedics</b>   |
| <b>The department</b>  | Trauma and Orthopaedics (Elective & Emergency). The Department comprises 13 Consultants. The department serves the West Essex Region and a local population of 258,000 people.   |
| <b>The type of work to expect and learning opportunities</b> | <p>All F2 Doctors rotating through the Department will be involved in Ward Rounds (Consultant/SpR,ST led), Ward Jobs, on calls – ED and ward referrals and assisting in Theatre.</p> <p>The overall educational objectives of the F2 post are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Make initial management plans</li> <li>• Stabilize sick patients and start initial treatment</li> <li>• See patients in resus</li> <li>• Work in close conjunction with other specialties</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep accurate, thorough medical records</li> <li>• Handover and transfer patients care safely and effectively</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul> |
| <b>Where the placement is based</b>                          | Princess Alexandra Hospital Orthopaedic Department.  |
| <b>Clinical Supervisor(s) for the placement</b>              | Mr N Saw, Mr Khan, Mr Watson, Mr Amini   |
| <b>Main duties of the placement</b>                          | The F2 doctor is responsible with other staff for the care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in the Department. They are expected to attend the structured teaching programmes provided by the department and by the Medical Education Department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.   |
| <b>Typical working pattern in this placement</b>             | <p><i>Days:</i> 0800 Ward round, jobs, theatre, clinic<br/>1700 Handover</p> <p><i>Twilight</i> ED referrals and ward cover</p> <p><i>Nights</i> ED referrals and ward cover</p>   |

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|                             | <p>Weekend ED referrals and ward cover<br/><i>Oncall requirements</i> 14 nights, approx three weekends (Fri/Sat/Sun on call long days 8 – 8) approx 1 in 8 on call long days.</p>  |
| <b>Employer information</b> | <p>The employer for this post is The Princess Alexandra Hospital NHS Trust.<br/>The post will be based in the Orthopaedic Department at PAH, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 260,000.</p> |

**The Princess Alexandra Hospital NHS Trust  
Individual Placement Description**

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| <b>Placement</b>   | <b>F2 Breast / General Surgery</b>   |
| <b>The department</b>  | Surgical directorate / General surgery & Breast Surgery  |
| <b>The type of work to expect and learning opportunities</b> | <p>Ward duties including Ward Rounds.<br/>Breast and General Surgical (lumps, hernias and gallstones), Clinics, Theatre attendance – assisting and doing minor procedures.<br/>Compulsory FY2 teaching and Grand Rounds.</p> <p>The overall educational objectives of the F2 post are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Make initial management plans</li> <li>• Stabilize sick patients and start initial treatment</li> <li>• See patients in resus</li> <li>• Work in close conjunction with other specialties</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep accurate, thorough medical records</li> <li>• Handover and transfer patients care safely and effectively</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul> |
| <b>Where the placement is based</b>                          | Princess Alexandra Main site<br>Clinics at St Margarets in Epping and Herts & Essex Hospital in Bishops Stortford  |
| <b>Clinical Supervisor(s) for the placement</b>              | Mr Bradpiece and Miss Jenkins  |
| <b>Main duties of the placement</b>                          | Ward duties including leading WR's<br>Breast and General Surgical(lumps, hernias and gallstones) clinics<br>Theatre attendance – assisting and doing minor procedures  |
| <b>Typical working pattern in this placement</b>             | <p>Days: 8-5</p> <p>Twilight:</p> <p>Nights In 9 week block - 7 days total (1x set of 4 week nights, 1x block of weekend)</p>  |

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|                             | Weekends 1 x Sat in 9 week block<br>Oncall requirements 1 in 8 average  |
| <b>Employer information</b> | The employer for this post is The Princess Alexandra Hospital NHS Trust.<br>The post will be based in the Surgical Department at PAH, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 260,000. |

**The Princess Alexandra Hospital NHS Trust  
Individual Placement Description**

| <b>Placement</b>   | <b>F2 Haem / Onc</b>   |
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| <b>The department</b>  | Haematology  |
| <b>The type of work to expect and learning opportunities</b> | <p>Prepare the ward round list for Monday and Thursday consultant ward round, undertake own or SpR led ward rounds other days.</p> <p>Answer queries/ review unwell patients in the Haematology day unit who are having Chemo/ blood transfusions. See the new referrals and add to the list for consultant review. Do 3-6 venesections per day in the Haematology Day unit. Observe bone marrow biopsy, may be opportunity to perform one if time allows for training in this. Attend MDT on Tuesday afternoon and radiology meeting on Friday afternoons. The overall educational objectives of the F2 post are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Make initial management plans</li> <li>• Stabilize sick patients and start initial treatment</li> <li>• See patients in resus</li> <li>• Work in close conjunction with other specialties</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep accurate, thorough medical records</li> <li>• Handover and transfer patients care safely and effectively</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul> |
| <b>Where the placement is based</b>                          | All wards and Haematology day unit at Princess Alexandra Hospital.   |
| <b>Clinical Supervisor(s) for the placement</b>              | Dr Al Refaie   |
| <b>Main duties of the placement</b>                          | As above. See and review patients on Haematology day unit and hospital wards, carry out usual jobs of junior doctor  |
| <b>Typical working pattern in this placement</b>             | <p>Days: Monday-Friday 9 - 5</p> <p>Twilight: 0</p> <p>Nights 0</p>  |

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|                             | <i>Weekends 2 or 3 Sundays as SHO on call for surgery<br/>Oncall requirements- none (apart from Sundays above)</i>  |
| <b>Employer information</b> | The employer for this post is The Princess Alexandra Hospital NHS Trust which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 260,000. |

## The Princess Alexandra Hospital NHS Trust Individual Placement Description

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| <b>Placement</b>   | <b>F2 Gastroenterology</b>   |
| <b>The department</b>  | The Department of Gastroenterology comprises 4 Consultants. The department serves the West Essex Region and a local population of 258,000 people.  |
| <b>The type of work to expect and learning opportunities</b> | <p>The overall educational objectives of the F2 post in the department are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Make initial management plans and discuss with senior colleagues</li> <li>• Identify and escalate sick patients to senior colleagues</li> <li>• Work in close conjunction with other specialties</li> <li>• Identify and synthesise problems</li> <li>• Develop awareness of prescribing issues</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul> |
| <b>Where the placement is based</b>                          | Princess Alexandra Hospital Surgery Department.  |
| <b>Clinical Supervisor(s) for the placement</b>              | Dr D Preston, Dr R Phillips, Dr D Ghosh, Dr E Stoner   |
| <b>Main duties of the placement</b>                          | The F2 doctor is responsible with other staff for the care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in the Department. They are expected to attend the structured teaching programmes provided by the department and by the Medical Education Department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.   |
| <b>Typical working pattern in this placement</b>             | <p><i>Days:</i> 09800 Ward Rounds MDT &amp; ward jobs<br/>1700 TTA's and Handover</p> <p><i>Weekend:</i> 1 in four months (9-9)<br/><i>EAU weekend:</i> 1 in four months</p>   |
| <b>Employer information</b>                                  | <p>The employer for this post is The Princess Alexandra Hospital NHS Trust.</p> <p>The post will be based in the General Medical Department within PAH, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately</p>   |

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|  | 260,000. |
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## The Princess Alexandra Hospital NHS Trust Individual Placement Description

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| <b>Placement</b>   | <b>F2 Respiratory</b>  |
| <b>The department</b>  | 3 consultants<br>2 SpR<br>1 FY2 and 1 CMT<br>2 FY1s  |
| <b>The type of work to expect and learning opportunities</b> | <p>A good mix of general and respiratory medicine. The overall educational objectives of the F2 post in the department are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Make initial management plans and discuss with senior colleagues</li> <li>• Identify and escalate sick patients to senior colleagues</li> <li>• Work in close conjunction with other specialties</li> <li>• Identify and synthesise problems</li> <li>• Develop awareness of prescribing issues</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul> |
| <b>Where the placement is based</b>                          | PAH Harold Ward  |
| <b>Clinical Supervisor(s) for the placement</b>              | Dr Russell, Dr Newberry, Dr Sundaram   |
| <b>Main duties of the placement</b>                          | FY2 to join daily team ward round led by senior. Will need to do ward round some days. Help junior staff with ward jobs. Once a week on-call.  |
| <b>Typical working pattern in this placement</b>             | <p><i>Days:</i> 9am-5 /6pm</p> <p><i>Twilight:</i> N/A</p> <p><i>Nights</i> 2 weeks in 4 months</p> <p><i>Weekends</i> 3- 4 weekends per placement<br/>9am – 9pm</p> <p><i>Oncall requirements, once a week</i></p>  |
| <b>Employer information</b>                                  | The employer for this post is The Princess Alexandra Hospital NHS Trust.<br>The post will be based in Locke Ward, PAH, which is a  |

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|  | medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 260,000. |
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## The Princess Alexandra Hospital NHS Trust Individual Placement Description

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| <b>Placement</b>   | <b>F2 Histopathology</b>   |
| <b>The department</b>  | The Michael Letcher Pathology Building<br>Princess Alexandra Hospital  |
| <b>The type of work to expect and learning opportunities</b> | <p>Cut-up sessions, done individually<br/>LCP audit, Departmental teaching.<br/>The overall educational objectives of the F2 post in the department are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Make initial management plans and discuss with senior colleagues</li> <li>• Identify and escalate sick patients to senior colleagues</li> <li>• Work in close conjunction with other specialties</li> <li>• Identify and synthesise problems</li> <li>• Develop awareness of prescribing issues</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> <li>•</li> </ul> |
| <b>Where the placement is based</b>                          | Pathology building   |
| <b>Clinical Supervisor(s) for the placement</b>              | Dr Evodokia Arkoumani  |
| <b>Main duties of the placement</b>                          | Cut –up sessions<br>Audit<br>MDT   |
| <b>Typical working pattern in this placement</b>             | <i>Monday To Friday 9-5.<br/>Surgical Oncall.</i>  |
| <b>Employer information</b>                                  | <p>The employer for this post is The Princess Alexandra Hospital NHS Trust.<br/>The post will be based in the Cellular Pathology Unit, PAH, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 260,000.</p>  |

## The Princess Alexandra Hospital NHS Trust Individual Placement Description

| <b>Placement</b>   | <b>F2 Psychiatry</b>  |
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| <b>The department</b>  | Mental Health Unit, St Margaret's Hospital (SMH), Epping, Essex.  |
| <b>The type of work to expect and learning opportunities</b> | <p>The overall educational objectives of the F2 post in the department are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Make initial management plans and discuss with senior colleagues</li> <li>• Identify and escalate sick patients to senior colleagues</li> <li>• Work in close conjunction with other specialties</li> <li>• Identify and synthesise problems</li> <li>• Develop awareness of prescribing issues</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients</li> <li>• Educate patients effectively</li> </ul> <p>Become life-long learners and teachers</p> |
| <b>Where the placement is based</b>                          | Mental Health Unit, St Margaret's Hospital (SMH), Epping, Essex.  |
| <b>Clinical Supervisor(s) for the placement</b>              | Dr Zuzana Walker, FRCPsych, MD (Reader UCL)   |
| <b>Main duties of the placement</b>                          | <p>Be responsible with Core Trainees for the day to day medical and psychiatric care of inpatients on Roding Ward (functional unit), Kitwood Ward (Organic Ward) under the supervision of the consultants and to make full admission and progress notes for all such patients.</p> <p>Be responsible with Core Trainees for the day to day medical and psychiatric care of day hospital patients in Greenwood Day Unit under the supervision of the consultants and to make full admission and progress notes for all such patients.</p> <p>To be a core member of the Epping CMHT. This involves participation in the weekly referral meetings and assessment of patients in the community on <u>joint</u> visits with other members of the CMHT (CPNs, Occupational Therapists, Psychologists, Dr Walker or Dr Stevens – this is optional depending on other commitments).</p> <p>Assessment of new and follow up patients in the outpatient clinic under the supervision of Dr Walker</p>  |

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|   | <p>and Dr Stevens.</p> <p>The FY2 will be covered by the Core Trainees for Old Age Psychiatry working with Dr Stevens / Dr Walker. The same cover will apply for annual leave and study leave but at any one time only one of the three doctors may be away.</p> <p>There is a well-established local training programme, which includes seminars/lectures, case conferences/journal clubs on Thursday afternoon at Derwent Centre, PAH.</p> <p>The F2 will be encouraged to attend courses considered necessary to enhance and improve professional skills and leading to the attainment of recognised postgraduate qualifications relevant to FY2. The FY2 will be encouraged if appropriate to be involved in current research projects. The FY2 if they wish can take an active part in audit/research in collaboration with other members of the community team.</p> |
| <p><b>Typical working pattern in this placement</b></p> | <p><i>Days</i><br/>Ward duties, Out Patient Clinic, Day Unit, Ward Reviews, Out Patient Reviews, Day Unit Reviews</p> <p><i>Oncall requirements:</i> The FY2 is expected to take part in a 1:8 rota for ECT. The FY2 will take part in a 1 in 14 full shift on-call system.</p>   |
| <p><b>Employer information</b></p>                      | <p>The employer for this post is The Princess Alexandra Hospital NHS Trust, a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 260,000.</p>  |

## The Princess Alexandra Hospital NHS Trust Individual Placement Description

| Placement  | F2 EAU   |
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| <b>The department</b>  | The Emergency Assessment Unit is situated beside the Emergency Department at the Princess Alexandra Hospital. The PAH Trust serves the West Essex Region and a local population of 258,000 people.   |
| <b>The type of work to expect and learning opportunities</b> | <p>The overall educational objectives of the F2 post in the department are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Make initial management plans and discuss with senior colleagues</li> <li>• Identify and escalate sick patients to senior colleagues</li> <li>• Work in close conjunction with other specialties</li> <li>• Identify and synthesise problems</li> <li>• Develop awareness of prescribing issues</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul> |
| <b>Where the placement is based</b>                          | Princess Alexandra Hospital Emergency Assessment Unit  |
| <b>Clinical Supervisor(s) for the placement</b>              | Dr A Okeke, Dr O Elegbe, Dr Y Barlow   |
| <b>Main duties of the placement</b>                          | The F2 doctor is responsible with other staff for the care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in the Department. They are expected to attend the structured teaching programmes provided by the department and by the Medical Education Department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.   |
| <b>Typical working pattern in this placement</b>             | <i>Days:</i> 0800 Ward Rounds, TTA's, ward jobs, 1600 Handover   |
| <b>Employer information</b>                                  | The employer for this post is The Princess Alexandra Hospital NHS Trust.<br>The post will be based in the Emergency Assessment Unit within PAH, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of   |

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|  | approximately 260,000. |
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## The Princess Alexandra Hospital NHS Trust Individual Placement Description

| Placement  | F2 Cardiology  |
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| <b>The department</b>  | The Cardiology Department comprises 3 Consultants. The department serves the West Essex Region and a local population of 258,000 people.   |
| <b>The type of work to expect and learning opportunities</b> | <p>All F2 Doctors rotating through the Cardiology will be part of the weekend on-call rota and will hold the 006 emergency bleep doing ward jobs and clerking new patients.</p> <p>The overall educational objectives of the F2 post in the department are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Make initial management plans and discuss with senior colleagues</li> <li>• Identify and escalate sick patients to senior colleagues</li> <li>• Work in close conjunction with other specialties</li> <li>• Identify and synthesise problems</li> <li>• Develop awareness of prescribing issues</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul> |
| <b>Where the placement is based</b>                          | Princess Alexandra Hospital Cardiology Department.   |
| <b>Clinical Supervisor(s) for the placement</b>              | Dr Hossam Elgendi, Dr Jeremy Sayer, Dr Rohan Jagathesan  |
| <b>Main duties of the placement</b>                          | The F2 doctor is responsible with other staff for the care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in the Department. They are expected to attend the structured teaching programmes provided by the department and by the Medical Education Department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.   |
| <b>Typical working pattern in this placement</b>             | Days: 08.30 Ward Rounds, CCU, ward jobs, TTA's, order scans, clerk new patients, review patients<br>1700 Handover  |
| <b>Employer information</b>                                  | The employer for this post is The Princess Alexandra Hospital NHS Trust.   |

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|  | <p>The post will be based in Fleming Ward within PAH, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 260,000.</p> |
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