

Mid Essex Hospitals NHS Trust Individual Placement Description

Placement	FY2 Emergency Medicine
The department	<p>Broomfield A&E department consists of 7 consultants, 1 associate specialist, 2 senior clinical fellows, 2 junior clinical fellows, 2 staff grades, 2 Specialist registrars, 5 FY2s, 6 GP trainees, 2 ACCS trainees.</p> <p>The department serves a large population within the Mid Essex Hospital Trust with approximately 200 admissions per day.</p> <p>Apart from the clerking and triage of new admissions the department also runs trauma clinics for the review of soft tissue injuries including burns, wounds and minor fractures.</p>
The type of work to expect and learning opportunities	<p>All FY2 doctors during their A&E placement will be required to spend approximately equal amounts of time in both the major and minor injury departments. They will be involved in the initial clerking of patients and their immediate treatment. This often occurs in the form of a wide variety of practical skills such as suturing to the manipulation of fractures.</p> <p>The learning opportunities available in A&E are wide ranging and some of which are listed below:</p> <ul style="list-style-type: none"> • Acute respiratory disorders • Shock • Chest Pain and acute coronary syndrome • Acute allergic conditions • Acute GI bleed • Poly-Trauma • Head Injury • Chest and abdominal trauma • Burns • Fractures and dislocations

	<ul style="list-style-type: none"> • Seizures • Overdose • Ectopic pregnancy • Miscarriage/Vaginal Bleeding • Foreign Bodies • Animal bites • Ophthalmic emergencies • Epistaxis • Acute abdomen • Diabetic emergencies • Meningitis/Septicaemia • Pain management • Acute confusion • Pediatrics <p>The department also has plenty of opportunities to develop practical skills, some of which are listed below:</p> <ul style="list-style-type: none"> • Spinal immobilization and log rolling • Local anaesthetic procedures (digital and field blocks) • Suturing • Manipulation of fractures and dislocations • Plastering techniques • Vascular Access • Chest drainage • Catheterization • Incision and drainage • ECG interpretation • X-ray interpretation <p>The FY2 doctor is responsible for the management of a wide variety of cases seen within the department but the emphasis of discussion and support from the senior Doctors is encouraged. All Doctors within the department are expected to take part fully and contribute to departmental teaching programme.</p>
Where the placement is based	A&E – Broomfield Hospital
Clinical Supervisor(s) for the placement	Mr Mariathas, Mr Zwink and Mr Thomas
Main duties of the placement	

<p>Typical working pattern in this placement</p>	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable)</p> <p>Within the A&E department the rota changes from week to week with annual leave being scheduled into your working schedule. One working week taken from the rota is shown below:</p> <p>Mon: 0800-1800 Tues: 1100-2100 Wed: 1600-0200 Thurs: 1300-2300 Fri: 1400-2400 (Departmental teaching from 8.30am-11.00am every friday).</p> <p>Sat: Off Sun: Off</p> <p><i>On call requirements:</i></p>
<p>Employer information</p>	<p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p> <p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none"> • Pharmacy • Pathology • Radiology • Acute medicine • Intensive Care • Care of Elderly People and Therapy • Anaesthesia and Pain • General Surgery • ENT and Oral Surgery • Ophthalmology • Orthopaedics • Children and Young People • Obstetrics and gynaecology • Maternity <p>The Trust is also home to the regional plastic</p>

	<p>surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.</p> <p>As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and personal opportunities - from working in the regional burns and plastics centre to being given the flexibility to develop new and exciting ways to improve patient care.</p>
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**Mid Essex Hospitals NHS Trust
Individual Placement Description**

Placement	FY2 Geriatric Medicine
The department	Care of the Elderly
The type of work to expect and learning opportunities	<ol style="list-style-type: none"> 1. Daily MDT meetings 2. Bedside teaching during ward rounds 3. Departmental teaching (weekly) including opportunities for the junior doctors to present. 4. Weekly grand rounds
Where the placement is based	C2.2 - Broomfield Hospital
Clinical Supervisor(s) for the placement	Dr Ishaque
Main duties of the placement	<ol style="list-style-type: none"> 1. Manage chronic medical conditions 2. Identify and manage acute medical conditions. 3. Make appropriate plans regarding discharge planning 4. Manage patients on the ward 5. Teaching medical students 6. On-calls include our of hours management of patients
Typical working pattern in this placement	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable)</p> <p>Daily 8.30am start MDT meeting 9.15am Ward round (Monday and Thursday – consultant led ward round)</p> <p>11am – 5pm – Jobs</p> <p>Tuesday 12.30 – departmental teaching</p> <p>Wednesday – grand round</p> <p><i>On call requirements:</i> EAU SHO –</p> <ol style="list-style-type: none"> 1. Clerking in patients (both GP referrals and A+E referrals) 2. Managing acutely unwell patients 3. Initiating first line treatment <p>Ward SHO –</p>

	<ol style="list-style-type: none"> 1. Managing acutely unwell patients 2. Initiating first line treatment 3. Escalating unwell patients to appropriate senior if required
<p>Employer information</p>	<p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p> <p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none"> • Pharmacy • Pathology • Radiology • Acute medicine • Intensive Care • Care of Elderly People and Therapy • Anaesthesia and Pain • General Surgery • ENT and Oral Surgery • Ophthalmology • Orthopaedics • Children and Young People • Obstetrics and gynaecology • Maternity <p>The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.</p> <p>As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and personal opportunities - from working in the regional burns and plastics centre to being given the flexibility to develop new and exciting ways to improve patient care.</p>

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Placement	FY2 GP
The department	General Practice
The type of work to expect and learning opportunities	<ul style="list-style-type: none"> • Hold independent clinic alongside the other partners, five days per week. No out-of-hours care. • 15 minute appointments to review, assess, diagnose and offer management plan. If necessary, timetabled senior GP available for assistance. • Daily independent local home visits – usually nursing home residents. • Prolonged lunch-break to read and action post (from hospital/pharmacy) related to your patients, and dictate referrals to hospital. • Opportunity to carry out audit or prepare for membership exams. • Weekly tutorial with Dr. Monsell – portfolio, CBD or review latest guidelines related to self-identified learning objective.
Where the placement is based	Whitley House Surgery, Crompton Building, Writtle Road, Chelmsford, CM1 3RW
Clinical Supervisor(s) for the placement	Dr Monsell
Main duties of the placement	
Typical working pattern in this placement	<p>Daily: 8 – 11am: Morning clinic 11am – 3.30pm: Responding to mail, dictations, home visits and telephone consultations 3.30 – 6 pm: Afternoon clinic</p> <p>Applies to all days, except Thursday afternoon (Private study)</p> <p><i>On call requirements:</i> Nil</p>
Employer information	<p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which</p>

is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.

Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:

- Pharmacy
- Pathology
- Radiology
- Acute medicine
- Intensive Care
- Care of Elderly People and Therapy
- Anaesthesia and Pain
- General Surgery
- ENT and Oral Surgery
- Ophthalmology
- Orthopaedics
- Children and Young People
- Obstetrics and gynaecology
- Maternity

The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.

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Placement	FY2 ITU
The department	<p>The General Intensive Care Unit comprises of 8 consultants (7 anaesthetists and 1 acute medic by training) all of whom take part in a rota of oncall and weekday sessions.</p> <p>The ICU provides intensive care and High dependency care for a mixture of adult elective post-operative surgical patients and acutely unwell patients rescued from all adult areas of Broomfield Hospital (medical, surgical, obstetric).</p> <p>GICU is separate from the Burns ICU.</p>
The type of work to expect and learning opportunities	<p>All FY2s are part of the SHO/ICU juniors rota which spans all grades from FY2 to ST6 both medical and anaesthetic trainees.</p> <p>As part of this rota FY2s are expected to cover a variety of shifts including nights and weekends. Cover overnight is one junior and the consultant.</p> <p>Whilst working on ICU the FY2 will be involved with the admission and discharge of elective patients as well as ward review and rescue of acutely unwell adults within the trust. The ICU doctors also form part of the adult cardiac arrest team and trauma team.</p> <p>Learning opportunities include:</p> <ul style="list-style-type: none"> • Exposure to acute medicine and providing organ support for acutely unwell patients. • Opportunity to assess acutely unwell patients both on the general wards and on ICU. • Development of management plans to address acutely deranged physiology • Opportunity to perform practical procedures such as central line insertion, vascath insertion, arterial line insertion, lumbar punctures, chest drain insertion; with access to ultrasound. Also occasional

	<p>opportunity to attempt endotracheal intubation. All with appropriate supervision.</p> <ul style="list-style-type: none"> • Development of time management and handling stressful environments. • Ongoing professionalism development • Presentation at ICU weekly educational meeting. • Possibility of involvement in various clinical trials and audit projects.
Where the placement is based	ITU - Broomfield Hospital
Clinical Supervisor(s) for the placement	Dr Durcan and Dr Lwin
Main duties of the placement	<p>The main duties shared between all juniors on that shift involve 2-3x ward rounds per day with 1 or more consultants. Daily reviews of all patients to ensure each are examined and management plans implemented.</p> <p>Electronic record keeping, prescription of medications and fluids.</p> <p>Attendance at cardiac arrest calls and trauma calls.</p> <p>Line insertion as required.</p> <p>Morning ward round led by Junior finishing night shift.</p> <p>Ward review, in company of consultant, of acutely unwell patients being referred for ICU r/v</p>
Typical working pattern in this placement	<p>Typical working pattern in this post:</p> <p>Shifts worked: Standard shift 0830-1700 Late shift 1330-2130 Extended late shift (Mon only) 1100-2130 Coordinator shift 0830-2130 Night shift 2100-1000</p> <p>Each day starts with a ward round lasting 1.5-2hrs.</p> <p>Mondays:</p> <ul style="list-style-type: none"> • ward round – most consultants attend • MDT to discuss long term complex patients. • Teaching session led by junior doctor/consultant/other

	<p>Daily reviews and implement management plans from ward round.</p> <p>Afternoon ward round 1600-1700. Evening ward round 2100-2130.</p> <p>Work 3 weekends in 7: 1 as nights; 1 as coordinator; 1 as standard day shift.</p>
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Placement	FY2 General Medicine/Endocrine
The department	Emergency Short Stay Ward
The type of work to expect and learning opportunities	General ward work and medical on-call work
Where the placement is based	A3.4 – Broomfield Hospital
Clinical Supervisor(s) for the placement	Dr Fletcher and Dr Jackson
Main duties of the placement	
Typical working pattern in this placement	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable) Daily 0900 Ward round</p> <p>Mon: 0900-1700 Tues: Consultant ward round (AEJ) 0900-1700 Wed: 0900-1700 1400 formal teaching programme every other week Thurs: 0900-1700 Consultant ward round (AEJ) Fri: 0900-1700 Grand Round 12.30 Sat: night shift 21.00 – 09.30 (1 in 8) Sun: night shift 21.00 – 09.30 (1 in 8)</p> <p>Mon: Tues: Wed: Thurs: Fri: Sat: Sun:</p> <p><i>On call requirements:</i> Long day shifts (on ward from 09:00 – 1700 then EAU/ward cover till 22:00)</p>
Employer information	<p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p>

	<p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none">• Pharmacy• Pathology• Radiology• Acute medicine• Intensive Care• Care of Elderly People and Therapy• Anaesthesia and Pain• General Surgery• ENT and Oral Surgery• Ophthalmology• Orthopaedics• Children and Young People• Obstetrics and gynaecology• Maternity <p>The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.</p> <p>As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and personal opportunities - from working in the regional burns and plastics centre to being given the flexibility to develop new and exciting ways to improve patient care.</p>
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Placement	FY2 General Med/Gastro
The department	The Dept of Gastroenterology at Broomfield Hospital comprises three Consultant gastroenterologists who also take part in the on call rota. At any one time two of the three consultants have general gastroenterology inpatients and the ward juniors are split into two teams, each comprising an SpR, SHO and FY1. Cross-cover between teams is sometimes necessary due to on-call commitments.
The type of work to expect and learning opportunities	<p>All F2 Doctors in hospital posts will generally be ward based during the normal working day and expected to deliver the daily medical care of all the patients on their ward. During the four month attachment there are two on-call blocks of three weeks each, during this time the F2 will be involved with the clerking of patients being admitted and out of hours ward cover.</p> <p>The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers
Where the placement is based	A3.1 – Broomfield Hospital
Clinical Supervisor(s) for the placement	Dr Rakshit and Dr Shah
Main duties of the placement	The F2 doctor is responsible with other staff for the ward care of patients. The doctor will be responsible for such other specific clinical duties

	<p>as allocated by consultants. During the on-call blocks the F2 will be responsible for clerking patients being admitted and out of hours ward cover.</p>
<p>Typical working pattern in this placement</p>	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable)</p> <p>Mon: 0930 consultant ward round Tues: Wed: 1430-1730 FY2 teaching (fortnightly) Thurs: 0930 consultant ward round Fri: 1230-1330 Grand Round Sat: Sun:</p> <p><i>On call requirements:</i> Two blocks of three weeks each during a four month attachment. Includes night, weekend and evening cover of the EAU and wards.</p>
<p>Employer information</p>	<p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p> <p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none"> • Pharmacy • Pathology • Radiology • Acute medicine • Intensive Care • Care of Elderly People and Therapy • Anaesthesia and Pain • General Surgery • ENT and Oral Surgery • Ophthalmology • Orthopaedics • Children and Young People • Obstetrics and gynaecology • Maternity <p>The Trust is also home to the regional plastic</p>

	<p>surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.</p> <p>As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and personal opportunities - from working in the regional burns and plastics centre to being given the flexibility to develop new and exciting ways to improve patient care.</p>
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Placement	FY2 General Medicine/Respiratory
The department	<p>The Department of Respiratory Medicine comprises of 4 Consultants of whom 3 of them deal mostly with Respiratory cases and 1 of them deals with General Medical patients with special interest in Endocrinology.</p> <p>There are wide variety of patients admitted to this ward but mostly with acute and chronic respiratory problems and lung carcinomas. We also deal with Elderly social issue patients as well.</p>
The type of work to expect and learning opportunities	<p>As the only FY2 on the ward I am expected to cover one of the consultants and do daily ward rounds on a normal working day, perform jobs necessary for each patient, identify acutely ill and get urgent senior support if required after initial management of patient.</p> <p>On EAU I clerk in patients and start the initial management and discuss and follow up plans with seniors. I also tend to cover wards on nights and long days and perform jobs waiting and review acutely ill patients.</p> <p>The overall expectations from an FY2 are :</p> <ol style="list-style-type: none"> 1. Take a proper history and examine the patient fully. 2. Review acutely ill patients and seek urgent senior review if needed. 3. Prescribe safely. 4. Communicate effectively with patients, relatives and colleagues. 5. Use evidence, guidelines and audit to benefit patient care. 6. Act in a professional manner. 7. Teach medical students. 8. Become a life long learner. 9. Manage time and clinical priorities effectively. 10. Keep accurate and up to date medical records.
Where the placement is based	A2.3, Felsted Ward – Broomfield Hospital
Clinical Supervisor(s) for the placement	Dr Hattotuwa and Dr Blainey

<p>Main duties of the placement</p>	<p>The FY2 doctor is responsible to do a daily ward round with or without the consultant and maintain accurate patient records. They are expected to attend structured teaching programmes. We are responsible for specific clinical duties allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
<p>Typical working pattern in this placement</p>	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable)</p> <p>Daily: Ward Rounds at 9:00 am Handover at 17:00 pm</p> <p>Mon: Ward Round and related jobs Tues: X-ray meeting at 13:00 pm Wed: FY2 teaching at 14:00 pm MDT at 13:30 pm Thurs: 8:30 am teaching at MAU Fri: Ward round and handover at 17:00 pm Sat: 1 weekend of nights in 8 weeks Sun: 1 weekend of nights in 8 weeks</p> <p><i>On call requirements: 8 week rolling on call patterns, working one weekend in 8 weeks.</i></p>
<p>Employer information</p>	<p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p> <p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none"> • Pharmacy • Pathology • Radiology • Acute medicine • Intensive Care • Care of Elderly People and Therapy • Anaesthesia and Pain

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Placement	FY2 Nephrology
The department	<p>The department of nephrology comprises three renal consultants of whom two consultants are covering the wards and one covering haemodialysis unit at any one time.</p> <p>The renal unit consists of inpatients on A3.4 and outpatients in the dialysis unit and the PD service.</p> <p>Team also responsible for the outliers from general medical takes.</p> <p>Department closely link with PAH.</p>
The type of work to expect and learning opportunities	<p>Take a history and examine a patient, Identify the problems and manage time and clinical priorities effectively.</p> <p>Request investigations as appropriate, plan management with seniors' involvement as needed.</p> <p>Prescribe safely.</p> <p>Maintain an accurate and relevant medical record.</p> <p>Improve quality of decisions making as an SHO.</p> <p>Develop skills in assessing and managing acutely ill patients.</p> <p>Communicate effectively with patients, relatives and colleagues.</p> <p>Act in a professional manner at all times.</p> <p>Cope with ethical and legal issues which occur during the management of patients with general medical problems</p> <p>Educate patients effectively.</p> <p>Become life-long learners from colleagues, e-learning and by reading books,</p> <p>Use evidence, guidelines and audit to benefit patient care</p>
Where the placement is based	A3. 4 – Broomfield Hospital
Clinical Supervisor(s) for the placement	Dr Ali

<p>Main duties of the placement</p>	<p>Responsible with other staff for the ward care of the patients and the maintenance of the patient's medical record. Work with the colleagues in Dialysis unit /outpatient clinics. Take responsibility for problems arising in dialysis unit and patients on ward. Perform and assist for the procedures. Responsible for pre-clerking patient's who would be admitted for the procedure. (AV fistula creation, AV fistuloplasty, AV fistula Aneurysm repair, PD catheter insertion.)</p> <p>Attend the structure detaching programs provided by the department. Responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
<p>Typical working pattern in this placement</p>	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable)</p> <p>Mon: AM-0900 Handover from weekend followed by a Consultant ward round. PM-Ward work, Haemoialysis clinic, Discharge summary, Update blood folders. Renal teaching.</p> <p>Tues: AM- SpR ward round, Renal clinic. PM- 12-30 to 13-30 X ray meeting. Renal clinic, Ward work, Update blood folders. , Discharge summary.</p> <p>Wed: AM- SpR ward round, Renal clinic. PM-Ward work, Discharge summary Update blood folders. ,</p> <p>Thurs: AM-Renal MDT followed by Consultant ward round PM- 13.30- Renal teaching.FY2 teaching (as scheduled) Ward work, Discharge summary Update blood folders, and speak to relatives. Last Thursday of</p>

	<p>every 2 months is clinical governance meeting.</p> <p>Fri: Consultant Ward round, Transplant clinic. 1245 Grand round PM-Ward work, Discharge summary 1500-1530 week end Handover meeting.</p> <p>Sat: EAU on calls or day off Sun: EAU on calls or day off</p> <p><i>On call requirements:</i> Rolling pattern for 24weeks.</p>
<p>Employer information</p>	<p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p> <p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none"> • Pharmacy • Pathology • Radiology • Acute medicine • Intensive Care • Care of Elderly People and Therapy • Anaesthesia and Pain • General Surgery • ENT and Oral Surgery • Ophthalmology • Orthopaedics • Children and Young People • Obstetrics and gynaecology • Maternity <p>The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.</p> <p>As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and personal</p>

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Placement	FY2 Obs&Gynae
The department	Obstetrics and gynaecology
The type of work to expect and learning opportunities	Ward rounds covering gynae ward, postnatal ward. Clerking Gynae admissions from GP and A+E. Clerking antenatal admissions. Assisting in theatre, gynae and CS. Clinics.
Where the placement is based	A3.3 – Broomfield Hospital
Clinical Supervisor(s) for the placement	Ms Sharma and Ms Rao
Main duties of the placement	Ward round on Gynae ward, clerking emergency admissions from GP and A+E. Ward round on Postnatal ward. Clerking admissions to antenatal day assessment unit. Assisting in theatre and on labour ward. Occasional clinics. Attending teaching weekly for FY2. Attending weekly teaching on LW and CTG teaching.
Typical working pattern in this placement	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable)</p> <p>Mon-Fri. Gynae ward cover, clerking admissions from A+E and GP. Attending clinics. Cover for gynae theatres.</p> <p><i>On call requirements:</i> Cover for labour ward, Assist in theatre CS. Postnatal ward round. Clerking DAU admissions. After 5 Mon to Fri also cover Gynae ward. Sat/Sun: all of above.</p>
Employer information	<p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p>

	<p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none">• Pharmacy• Pathology• Radiology• Acute medicine• Intensive Care• Care of Elderly People and Therapy• Anaesthesia and Pain• General Surgery• ENT and Oral Surgery• Ophthalmology• Orthopaedics• Children and Young People• Obstetrics and gynaecology• Maternity <p>The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.</p> <p>As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and personal opportunities - from working in the regional burns and plastics centre to being given the flexibility to develop new and exciting ways to improve patient care.</p>
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Mid Essex Hospitals NHS Trust Individual Placement Description

Placement	FY2 Oncology
The department	Oncology
The type of work to expect and learning opportunities	Ward work in the main, opportunities to go to clinic, MDT's and the chemo day unit as necessary
Where the placement is based	A3.1 - Broomfield Hospital
Clinical Supervisor(s) for the placement	Dr Tahir
Main duties of the placement	Ward work, daily rounds, clerking new admissions from clinic
Typical working pattern in this placement	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable)</p> <p>Mon: WR, ward work Tues: WR, ward work Wed: Consultant WR, ward work Thurs: WR, ward work Fri: Consultant WR, ward work, oncology teaching 1.30pm Sat: Off Sun: Off</p> <p><i>On call requirements:</i> General medical on-call rota</p>
Employer information	<p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p> <p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none"> • Pharmacy • Pathology • Radiology • Acute medicine • Intensive Care

	<ul style="list-style-type: none">• Care of Elderly People and Therapy• Anaesthesia and Pain• General Surgery• ENT and Oral Surgery• Ophthalmology• Orthopaedics• Children and Young People• Obstetrics and gynaecology• Maternity <p>The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.</p> <p>As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and personal opportunities - from working in the regional burns and plastics centre to being given the flexibility to develop new and exciting ways to improve patient care.</p>
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Mid Essex Hospitals NHS Trust Individual Placement Description

Placement	FY2 Orthogeriatrics
The department	The department of elderly care comprises of eight consultant spread across three wards, one of which is stroke medicine. Braxted ward (C251) is an acute elderly?general medical ward. Two of the consultants on this ward have orthogeriatric links in both acute and rejab settings.
The type of work to expect and learning opportunities	<p>All F2 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of speciality.</p> <p>The F2 rotation includes two three-week on call blocks, which includes day time and night time shifts on the EAU. This includes clerking of all new GP and A&E medical referrals, organizing all the investigations, initiating appropriate treatment and presenting the cases to the consultant physicians doing the post-take. This also includes out-of-hour ward cover where F2 doctors are expected to attend to all the medical emergencies on all the wards.</p> <p>The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively. • Become life-long learners and teachers.
Where the placement is based	Braxted Ward (C251) - Broomfield Hospital
Clinical Supervisor(s) for the placement	Dr Ishaque

<p>Main duties of the placement</p>	<p>The F2 doctor is responsible, with other staff, for the daily ward care of patients and the maintenance of the patient's medical record. This includes conducting/being a part of MDT meeting held every morning, followed by ward rounds with the consultant/registrars or doing the rounds by themselves, maintain a note of the progress of the patients on the ward, arranging for appropriate investigations and modifying treatment as required and discussing with patients' families about the progress of the patients.</p> <p>Once a week, F2 doctors are expected to accompany the orthogeriatrics consultant on acute/rehab ward rounds in Orthopaedics.</p> <p>They are expected to attend the structured teaching programmes provided by the department. They are also expected to involve themselves in teaching their colleagues via presentations in departmental meeting and medical students, F1 doctors and nurses bed-side on the ward.</p> <p>They shall also partake in audits being conducted by the department/conduct an audit by themselves.</p> <p>The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
<p>Typical working pattern in this placement</p>	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable)</p> <p>Mon: MDT meeting, consultant ward round, jobs created from the round, discussion with patients' families.</p> <p>Tues: MDT meeting, registrar ward round, orthogeriatric round with the consultant, departmental lunch-time meeting(teaching), ward jobs, discussion with patients' families</p> <p>Wed: MDT meeting, self-ward rounds/with the registrar, jobs, F2 teaching from 14.00-17.00</p> <p>Thurs: MDT meeting, consultant ward rounds, jobs created from the round, once a month F2 skills teaching.</p> <p>Fri: MDT meeting, consultant ward round, lunch time Grand round meeting, planning for the medical management of the patients for the weekend, handover to the weekend team.</p> <p>Sat and Sun: Ward cover/clerking in EAU once a week.</p>

	<p>On call requirements: Two three-week on call blocks- clerking in EAU and ward cover- day and night shifts.</p>
<p>Employer information</p>	<p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p> <p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none"> • Pharmacy • Pathology • Radiology • Acute medicine • Intensive Care • Care of Elderly People and Therapy • Anaesthesia and Pain • General Surgery • ENT and Oral Surgery • Ophthalmology • Orthopaedics • Children and Young People • Obstetrics and gynaecology • Maternity <p>The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.</p> <p>As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and personal opportunities - from working in the regional burns and plastics centre to being given the flexibility to develop new and exciting ways to improve patient care.</p>

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**Mid Essex Hospitals NHS Trust
Individual Placement Description**

Placement	FY2 Paeds
The department	Paediatrics and Neonatology. 7 Consultant Paediatricians 4 Registrar posts 12 SHO post (2x F2, 2x Paediatric trainees, 4x GP trainees and 2X ANNP currently employed) Recently relocated from St John's Hospital Phoenix ward comprises of 32 beds in total.
The type of work to expect and learning opportunities	<p>Placement includes ward work on both Phoenix ward, (children 11 days to 16yrs old,) and the Neonatal Unit, (level 2 unit.) Daily ward rounds with teaching for medical students and staff as time permits.</p> <p>On calls- referrals are taken by the Paediatric Registrar. Patients are clerked both in the assessment bay on Phoenix ward and in A&E if necessary. Exposure to a variety of general paediatric patients in varying degrees of ill health with ample opportunities to communicate with children and parents, develop procedural skills and fine tune paediatric examinations.</p> <p>Post natal on call- attend deliveries, neonatal resus, baby discharge checks as well as assisting on the Neonatal Unit as and when required.</p> <p>Consultant led clinics- both general and specialized. Observation and teaching.</p> <p>Teaching program- trainees will be expected to present at the weekly journal club (8:30 am Fri) and teach colleagues at the session on Wednesday lunchtime. There is a scheduled x ray meeting every Tuesday as well as occasional sessions on Thursday afternoons</p>
Where the placement is based	E1.1 – Broomfield Hospital
Clinical Supervisor(s) for the placement	Dr Agrawal and Dr Lim
Main duties of the placement	SHOs are responsible for maintaining patient records, communicating relevant information to patients and their families in an appropriate

	<p>manner, implementing patient treatment and investigation plans working closely with the medical and multidisciplinary teams as well as responding to emergency situations.</p>
<p>Typical working pattern in this placement</p>	<p>Post currently works as an eight week rolling rota, with SHOs timetabled in to cover:</p> <ol style="list-style-type: none"> 1) Neonatal unit, (either short or long day,) 2) Post natal ward, (includes baby checks and the crash bleep for deliveries) 3) Phoenix ward 4) Phoenix assessment bay 5) Consultant clinics <p>On call requirements: 7 nights every 8 weeks (currently split 4 and 3) 1 weekend of long days every 8 weeks and on average a long day on call through the week.</p>
<p>Employer information</p>	<p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p> <p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none"> • Pharmacy • Pathology • Radiology • Acute medicine • Intensive Care • Care of Elderly People and Therapy • Anaesthesia and Pain • General Surgery • ENT and Oral Surgery • Ophthalmology • Orthopaedics • Children and Young People • Obstetrics and gynaecology • Maternity <p>The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.</p>

	<p>As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and personal opportunities - from working in the regional burns and plastics centre to being given the flexibility to develop new and exciting ways to improve patient care.</p>
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Mid Essex Hospitals NHS Trust Individual Placement Description

Placement	FY2 Pathology
The department	Am based in haematology for the majority of the placement, with opportunities to see other aspects of pathology as and when time permits.
The type of work to expect and learning opportunities	<p>Priority is to cover the haematology inpatients, doing ward rounds in the morning and ward work in the afternoons. Also expected to see new referrals at times. Also expected to help out with outpatient clinics and cover various duties on haematology day unit if necessary. Occasionally get to experience other aspects of pathology such as microbiology. Standard work expected of you includes;</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively
Where the placement is based	Pathology Dept– Broomfield Hospital Predominantly ward A3.1
Clinical Supervisor(s) for the placement	Dr Teare
Main duties of the placement	
Typical working pattern in this placement	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable)</p> <p>Working days are standardly 09 -17:30 unless you are on call. Mon: Ward round followed by help in the haematology day unit reviewing patients</p>

	<p>Tues: OP clinic in the morning. MDT meeting in the afternoon Wed: Ward round in the morning and OP clinic in the afternoon Thurs: Ward round in the morning. Opportunity for clinical audit in the afternoon Fri: Ward round in the morning. Handover for the weekend in the afternoon. Sat: Sun:</p> <p><i>On call requirements:</i> Standard medical on call either covering admissions or ward patients.</p>
<p>Employer information</p>	<p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p> <p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none"> • Pharmacy • Pathology • Radiology • Acute medicine • Intensive Care • Care of Elderly People and Therapy • Anaesthesia and Pain • General Surgery • ENT and Oral Surgery • Ophthalmology • Orthopaedics • Children and Young People • Obstetrics and gynaecology • Maternity <p>The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.</p> <p>As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and personal</p>

	opportunities - from working in the regional burns and plastics centre to being given the flexibility to develop new and exciting ways to improve patient care.
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Mid Essex Hospitals NHS Trust Individual Placement Description

Placement	FY2 Plastics
The department	St Andrews
The type of work to expect and learning opportunities	Routine ward work – edls, bloods etc Theatre time – plenty of opportunities to get involved Observe in clinic consultations
Where the placement is based	St Andrews Centre - Broomfield Hospital
Clinical Supervisor(s) for the placement	Mr Mathur
Main duties of the placement	Routine ward work – edls, bloods etc Theatre time – plenty of opportunities to get involved Observe in clinic consultations
Typical working pattern in this placement	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable)</p> <p>Mix of ward rounds, theatre, clinics and ward duties – varies greatly depending on patient load and staffing</p> <p><i>On call requirements:</i> 6weeks of burns on call, 3 weeks trauma on call ~1/week evening on call</p>
Employer information	<p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p> <p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none"> • Pharmacy • Pathology • Radiology

	<ul style="list-style-type: none"> • Acute medicine • Intensive Care • Care of Elderly People and Therapy • Anaesthesia and Pain • General Surgery • ENT and Oral Surgery • Ophthalmology • Orthopaedics • Children and Young People • Obstetrics and gynaecology • Maternity <p>The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.</p> <p>As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and personal opportunities - from working in the regional burns and plastics centre to being given the flexibility to develop new and exciting ways to improve patient care.</p>
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**Mid Essex Hospitals NHS Trust
Individual Placement Description**

Placement	FY2 Psychiatry
The department	<p>The Department of Older Adult Psychiatry comprises 4 Consultants, 2 of whom are full time and 2 who job share, to cover the 3 main geographical catchment areas in Mid Essex. There are 2 inpatient wards in the Crystal Centre – functional and organic, a Day Hospital (functioning and staffed for 7 days a week) Older Adults Liaison team, Memory service and Community Team services also.</p>
The type of work to expect and learning opportunities	<p>The FY2 doctor will generally be ward based , having experience in both Functional and Organic wards. Their ‘frontline’ position on the wards enables close working with nursing and therapy staff in delivering daily holistic and medical care whilst familiarizing themselves to Mental Health assessment and management under supervision from senior team members. During the week there is an outpatient clinic where opportunities to assess/clerk new patients and formulate care plans for follow up patients , under supervision are provided.</p> <p>There are opportunities to attend present at the local Academic Program. The FY2 is on the shift system rota which will expose them to emergency psychiatry and the Mental Health Act especially in the Adults of Working Age setting, Linden Centre.</p> <p>For those with a particular interest in experiencing other aspects of Psychiatry shadowing in ECT, Domiciliary Visits , Liaison and Memory service experience is possible</p> <p>The over all educational objectives are to provide the trainee with the knowledge, skills and attributes to be able to</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a psychiatric history, mental state and examine a patient • Identify and plan investigations for physical problems • Prescribe safely • Keep an accurate, legible and relevant medical record

	<ul style="list-style-type: none"> • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively <p>Become life-long learners and teachers</p>
Where the placement is based	The Crystal Centre behind Broomfield Hospital
Clinical Supervisor(s) for the placement	Dr Leontis
Main duties of the placement	The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of the patients' medical records. They will have opportunity to work with the Consultants in outpatients clinics for at least one day each week, and also take responsibility for problems arising in the Amethyst Day Hospital . They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.
Typical working pattern in this placement	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable)</p> <p>Mon: am – Day Hospital reviews Pm – Functional Ward Round</p> <p>Tues: am – Academic Program PM OPD/Ward Work</p> <p>Wed: AM - OPD –supervision with Consultant PM - FY2 training/ Ward work</p> <p>Thurs: AM Day hospital assessments PM DVs/Ward work</p> <p>Fri: AM Organic ward Round PM ward work</p> <p><i>On call requirements:</i> shift system</p>
Employer information	<p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the</p>

	<p>growing local community of approximately 350,000. About 15.34% of the population is over 65.</p> <p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none">• Pharmacy• Pathology• Radiology• Acute medicine• Intensive Care• Care of Elderly People and Therapy• Anaesthesia and Pain• General Surgery• ENT and Oral Surgery• Ophthalmology• Orthopaedics• Children and Young People• Obstetrics and gynaecology• Maternity <p>The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.</p> <p>As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and personal opportunities - from working in the regional burns and plastics centre to being given the flexibility to develop new and exciting ways to improve patient care.</p>
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**Mid Essex Hospitals NHS Trust
Individual Placement Description**

Placement	FY2 General Surgery/Breast
The department	<p>The Breast Team at Broomfield consists of 3 consultants, 2 registrars, 1 SHO and 3 FY1's. The bulk of work is breast cancer related.</p> <p>Two of the three consultants also undertake general surgical on call.</p>
The type of work to expect and learning opportunities	<p>FY2's on the team take part in the daily ward round, reviewing all of the inpatients for the three consultants. Junior doctors also carry out ward work for their patients, including taking blood samples, cannulating, catheterizing etc.</p> <p>There is ample opportunity to learn about breast cancer and surgery, by assisting in operations, attending clinics and Breast MDT. During the general surgical on call week the FY2 is also exposed to a wide variety of general surgical problems, and expected to manage these.</p>
Where the placement is based	A3.2/A3.3 – Broomfield Hospital
Clinical Supervisor(s) for the placement	Mr Smith
Main duties of the placement	<p>There are operating lists on Tuesday, Wednesday and Thursday, at which at least one junior doctor will be expected to assist.</p> <p>The Breast team is 'on call' for general surgery every fourth week. During this week one house officer will be expected to clerk in new surgical admissions, i.e. take a history, examine, interpret basic investigations, formulate differential diagnoses and management plan, and discuss with seniors. A second member of the team will be on call for all general surgical patients, which mainly covers the two surgical wards. This house officer will be expected to review patients, cannulate etc. The third house officer in the team works a 'normal working day', i.e. they take part in the ward round and any subsequent jobs, however finish work at 5pm, whilst the other 2 house officers finish at 8pm.</p> <p>FY2's <u>work</u> a split week of nights (4 in the week and 3 at the weekend). When they do the weekend they</p>

	<p>then have the following week off.. During the night shift they are expected to undertake general ward based work, including reviewing unwell patients. They work daytime oncalls on individual days except for weekends when they cover Friday, Saturday and Sunday, at which time they then have Thursday and Monday off.</p>
<p>Typical working pattern in this placement</p>	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable)</p> <p>Mon: Breast MDT 8 – 9.30am Ward round.</p> <p>Tues: Ward round Mr Inwang all day theatre list</p> <p>Wed: Ward Round Mr Smith all day theatre list</p> <p>Thurs: Ward round Mr Graja afternoon theatre list Ms Miles-Dua theatre list</p> <p>Fri: Ward round</p> <p>Sat: Off</p> <p>Sun: Off</p> <p><i>On call requirements:</i> 1 in 4/52 Ward on call – 8am – 8pm A&E on call – 8am- 8pm Normal working day on call 8am – 5.30pm</p>
<p>Employer information</p>	<p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p> <p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none"> • Pharmacy • Pathology • Radiology • Acute medicine • Intensive Care • Care of Elderly People and Therapy • Anaesthesia and Pain • General Surgery • ENT and Oral Surgery

	<ul style="list-style-type: none">• Ophthalmology• Orthopaedics• Children and Young People• Obstetrics and gynaecology• Maternity <p>The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.</p> <p>As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and personal opportunities - from working in the regional burns and plastics centre to being given the flexibility to develop new and exciting ways to improve patient care.</p>
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**Mid Essex Hospitals NHS Trust
Individual Placement Description**

Placement	FY2 General Surgery/Colorectal
The department	The Dept of General and Colorectal Surgery comprises of 4 Consultants of whom 3 are involved in the acute General surgical on-call. There are interests in low rectal cancers, inflammatory bowel disease, abdominal wall reconstruction, pelvic floor disorders, laparoscopic and robotic surgery. The department serves Mid Essex with a catchment population of 330,000.
The type of work to expect and learning opportunities	All F2 Doctors in hospital posts will generally be ward based during the normal working day and expected to deliver the daily medical care of all the colorectal patients. During on calls the F2 doctor will be involved in the management of emergency patients. The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	A3.2 – Broomfield Hospital
Clinical Supervisor(s) for the placement	Mr Ross/Richardson/Pearson/Siddiqi
Main duties of the placement	The F2 doctor is responsible with other staff for the ward care of patients and the

	<p>maintenance of the patient's medical record. They will have opportunity to work with the consultants in one outpatient clinic each week, and also take responsibility for problems arising in General surgical patients on the ward. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
<p>Typical working pattern in this placement</p>	<p>Daily 0800 ward round</p> <p>Mon: Ward cover and theatre</p> <p>Tues: Ward cover 1400 Outpatients</p> <p>Wed: Ward cover 1300 Formal teaching – 1 hour</p> <p>Thurs: Ward cover 1300 Formal teaching – 1 hour</p> <p>Fri: 0800-0930 Departmental teaching 0930 Pre-assessment clinic</p> <p>Sat:</p> <p>Sun:</p> <p>On call requirements</p>
<p>Employer information</p>	<p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p> <p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none"> • Pharmacy • Pathology • Radiology • Acute medicine • Intensive Care • Care of Elderly People and Therapy

	<ul style="list-style-type: none">• Anaesthesia and Pain• General Surgery• ENT and Oral Surgery• Ophthalmology• Orthopaedics• Children and Young People• Obstetrics and gynaecology• Maternity <p>The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.</p> <p>As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and personal opportunities - from working in the regional burns and plastics centre to being given the flexibility to develop new and exciting ways to improve patient care.</p>
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**Mid Essex Hospitals NHS Trust
Individual Placement Description**

Placement	FY2 General Surgery/Upper GI
The department	General Surgery/Upper GI
The type of work to expect and learning opportunities	As an FY2 you work with and supervise the FY1s on the ward. There is also ample opportunity to develop surgical skills in theatre and attend clinics with consultants and registrars. The attachment provides opportunity to develop most of the skills in the foundation programme curriculum.
Where the placement is based	A3.2 – Broomfield Hospital
Clinical Supervisor(s) for the placement	Mr Harvey, Mr Tang, Mr Kadiramanathan
Main duties of the placement	<p>The FY2, together with the other members of the team is responsible for the care of ward patients. He or she also provides support for the FY1 on the team.</p> <p>You are expected to assist in theatre when needed. This provides a great opportunity to develop surgical skills. There is also opportunity to attend clinics with consultants (about twice a week).</p> <p>When on-call your main responsibility is new patients in. Referrals come from A&E as well as from GPs in the community. You may also be asked to review medical patients with surgical problems.</p>
Typical working pattern in this placement	<p>There is usually a daily Registrar led ward round starting at 8am. The SHO may start seeing the stable patients before the registrar arrives. Consultants may visit the ward at some point later in the day to review post-op or unwell patients.</p> <p>Mon: AM – Mr Kadiramanathan and Mr Harvey clinics 12:30 – upper GI MDT meeting</p> <p>Tues: AM and PM consultant theatre lists Registrars have an AM theatre list</p> <p>Wed: AM – theatres 2pm- FY2 teaching</p> <p>Thurs: AM – theatres PM – endoscopy list</p> <p>Fri: AM – Mr Tang clinic</p> <p>Sat: OFF Sun: OFF</p>

	<i>On call requirements:</i> as per rota
Employer information	<p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p> <p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none"> • Pharmacy • Pathology • Radiology • Acute medicine • Intensive Care • Care of Elderly People and Therapy • Anaesthesia and Pain • General Surgery • ENT and Oral Surgery • Ophthalmology • Orthopaedics • Children and Young People • Obstetrics and gynaecology • Maternity <p>The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.</p> <p>As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and personal opportunities - from working in the regional burns and plastics centre to being given the flexibility to develop new and exciting ways to improve patient care.</p>

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Mid Essex Hospitals NHS Trust Individual Placement Description

Placement	FY2 General Surgery/Vascular & Emergency
The department	<p>The Vascular Team at Broomfield consists of 3 consultants, 2 registrars, 1 SHO and 3 FY1's.</p> <p>Two of the three consultants also undertake general surgical on call.</p>
The type of work to expect and learning opportunities	<p>All F2 Doctors in surgical posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients under the care of their consultant. Whilst on call and in A&E we are expected to clerk in surgical patients and put in place a basic management plan until the patient is reviewed by a senior member.</p> <p>The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and manage problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers
Where the placement is based	Rayne and Heybridge Ward – Broomfield Hospital
Clinical Supervisor(s) for the placement	Mr Browne
Main duties of the placement	The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of

	<p>the patient's medical record. They attend the ward round every day with the SpRs or consultant and support the patients during their stay. We work with consultants in theatre.</p> <p>We are also required to run the pre assessment clinics for patients scheduled for elective surgery where we are required to clerk, examine and order appropriate investigations for patients prior to surgery and discontinue any contraindicated medications.</p> <p>We are also responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
<p>Typical working pattern in this placement</p>	<p>FY2's <u>work</u> a split week of nights (4 in the week and 3 at the weekend). When they do the weekend they then have the following week off.. During the night shift they are expected to undertake general ward based work, including reviewing unwell patients. They work daytime oncalls on individual days except for weekends when they cover Friday, Saturday and Sunday, at which time they then have Thursday and Monday off.</p> <p>Prepare for weekend handover at 5.</p> <p>Sat: OFF Sun: OFF</p> <p><i>On call requirements:</i> The team is on call every 4 weeks, essentially once a month. The surgical rota rolls so that one FY1 does A&E cover, a 7day shift and one does Long Days, a 5 day shift. Essentially it works out as 2 weekends in the placement and one week of nights,</p>

Employer information

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- Pathology
- Radiology
- Acute medicine
- Intensive Care
- Care of Elderly People and Therapy
- Anaesthesia and Pain
- General Surgery
- ENT and Oral Surgery
- Ophthalmology
- Orthopaedics
- Children and Young People
- Obstetrics and gynaecology
- Maternity

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**Mid Essex Hospitals NHS Trust
Individual Placement Description**

Placement	FY2 Trauma & Orthopaedics
The department	Trauma & Orthopaedics
The type of work to expect and learning opportunities	<p>The type of work in Orthopaedics is split between on-call duties, ward work, or assisting in theatres.</p> <p>Often the FY2 will have a week of looking after their super-firm's (comprised of a few different consultants) patients on the ward.</p> <p>Other weeks may consist of assisting in theatres, attending clinics, shadowing our consultant or private study time.</p> <p>On-call duties either include being first on-call and clerking in new admissions from A&E and fracture clinic, or being second on call and covering the care of new patients once they reach the wards.</p> <p>There are multiple learning opportunities, such as attending clinics, X-Ray meetings, journal club and the morning trauma meeting.</p>
Where the placement is based	B23 & B24 – Broomfield Hospital
Clinical Supervisor(s) for the placement	Mr Rees and Mr Macdowell
Main duties of the placement	<p>The main duties of the placement are to ensure that patients are clerked in effectively (if on call) and adequately prepared for theatre. When on the wards the FY2 is responsible for the ongoing care of the patient pre and post op (eg checking XRs, bloods, daily ward rounds), this may involve liaising with other specialities, and working closely in an MDT of physios, OTs and nurses. In the on-call setting you are expecting to respond promptly to deteriorating patients, and be able to manage them effectively and call for senior help if appropriate.</p>
Typical working pattern in this placement	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable)</p>

	<p>Trauma meeting daily at 8.30 for everyone. Weekly timetable very variable. Rolling rota. Often subject to change (excluding on call) due to SHO annual leave/study leave requirements.</p> <p>Mon: ward work/ clinic/ theatre/ on-call. Tues: normal working day 8.30-17:00. Wed: Thurs: Fri: Sat: 1st on call 08.30-20.30 fri-fri 1/6-7 Sun: 2nd on call 08.30-5 fri-fri 1 in 6</p> <p><i>On call requirements:</i> Weekends 1 in 3 (as above) Nights: 2 weeks of nights (7 nights) in 4 months:</p>
<p>Employer information</p>	<p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p> <p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none"> • Pharmacy • Pathology • Radiology • Acute medicine • Intensive Care • Care of Elderly People and Therapy • Anaesthesia and Pain • General Surgery • ENT and Oral Surgery • Ophthalmology • Orthopaedics • Children and Young People • Obstetrics and gynaecology • Maternity <p>The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.</p>

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**Mid Essex Hospitals NHS Trust
Individual Placement Description**

Placement	FY2 Urology
The department	<p>The Dept of Urology comprises 4 Consultant Urological Surgeons. There are specialist interests in stone disease, BPH, urodynamics and robotic surgery. As well as in-patient care, The Urology Centre forms the heart of Urology services at Mid Essex Trust with the assessment of patients in an out-patient capacity served by a team of doctors and highly dedicated clinical nurse specialists. The department serves Mid-Essex with a catchment population of 370,000.</p>
The type of work to expect and learning opportunities	<p>The FY2 role will involve predominant ward based work during the 'normal' working day and will be expected to deliver medical care to all Urology patients and be involved in the management of both routine and emergency urology patients. Main roles includes attending ward rounds with registrars and consultants as required, writing progress notes, arranging investigations, assisting in theatre and working closely with ward nursing staff.</p> <p>Under the highly supportive network of consultants, the FY2 will be exposed to a wide variety of clinical presentations that will aid learning. With support from your educational supervisor, learning goals will be discussed and how this placement enables successful completion with high priority on personal and professional development.</p> <p>There are no specific urology on-calls as such, however the FY2 will be a permanent member of the general surgical on-call rota, including long days, weekends and night shifts providing exposure and experience in managing common general surgical cases and emergencies. This gives valuable experience in new patient clerking and forming initial management plans under the supervision of surgical registrars.</p> <p>The FY2 will be expected to attend the departmental fortnightly educational morning and be actively involved in presenting cases and ward patients. You will be encouraged to participate in audit during your time with the department</p>

	<p>Other learning and development opportunities given to the FY2 which are encouraged include</p> <ul style="list-style-type: none"> • Out-patient department clinics • Flexible cystoscopy • Uro-dynamics • Biopsy • Weekly surgical teaching • MDT • Multiple theatre opportunities
<p>Where the placement is based</p>	<p>A3.3 - Broomfield Hospital</p>
<p>Clinical Supervisor(s) for the placement</p>	<p>Mr R. Thilagarajah</p>
<p>Main duties of the placement</p>	<p>The FY2 Doctor is responsible, with other members of the team for the care of urology patients on the ward, maintenance of patient notes, requesting investigations and carrying out consultant plans whilst working closely with nursing staff as a cohesive unit. They will be given opportunity to work with consultants in out-patient clinics, become involved in flexible cystoscopy, assist in theatre and become an active member in MDT</p> <p>They will be expected to participate in departmental teaching fortnight sessions and it is mandatory to attend the trust FY2 Curriculum teaching sessions for which this is protected time.</p> <p>In return they will receive a varied and diverse experience within a highly supportive team.</p>
<p>Typical working pattern in this placement</p>	<p>Normal working day - 8am – 5.30pm Day on-call – 8am – 8pm Night on-call – 8pm – 8am</p> <p>Monday to Friday follow similar patterns. There is a daily morning SHO/Reg ward round with a consultant ward round usually later in the day.</p> <p>Out-patient clinics – every day except Wednesday in the urology centre</p> <p>Flexible cystoscopy – every day in the urology centre.</p>

	<p>Theatre sessions – most days, consultant specific</p> <p>Fornightly Tuesday educational mornings including teaching sessions, presentations and discussions. This is followed by a Grand Ward Round with all members of the department. 10am</p> <p>Stone Committee meeting every Wednesday in the urology centre 12.30pm</p> <p>MDT every Tuesday morning 8am MAU</p> <p>On-call requirements include long days, weekends and nights.</p>
<p>Employer information</p>	<p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p> <p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none"> • Pharmacy • Pathology • Radiology • Acute medicine • Intensive Care • Care of Elderly People and Therapy • Anaesthesia and Pain • General Surgery • ENT and Oral Surgery • Ophthalmology • Orthopaedics • Children and Young People • Obstetrics and gynaecology • Maternity <p>The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a</p>

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