

NETFS

North East Thames Foundation School

WELCOME NEWSLETTER JULY/AUG 2007

ABOUT US

May we offer you a warm welcome to NETFS. Congratulations on passing your medical finals and entering the next step of your medical training.

As you are aware you are now members of NETFS. The school is here to support you with your education and learning throughout your Foundation Programme. NETFS covers a large geographical area and spreads across two different deaneries.

Our role is to co-ordinate your local foundation training programmes. We operate from a base in Whitechapel which unfortunately is not set up as a drop in centre. To make ourselves more accessible for queries and problems from all parts of the region and country we operate much of our work via the internet or email.

WWW.NETFS.ORG.UK

GENERIC SKILLS TEACHING

Within your hospital you will have a teaching programme for generic and core skills. Ok so it is not as sexy as learning about Poly-trauma but generic skills are very important.

Ask the public. They want doctors to be great diagnosticians but they also want them to possess all the generic skills to keep them safe and make them feel valued and well cared for.

CONTACT US

Please check out the website first.

Please let us know of any change of address or Email.

Enquiries@netfs.org.uk

FOUNDATION SCHOOL FACTS

- FY1s are provisionally registered with the GMC who regulate your professionalism, fitness to practice etc
- FY1s education standards are set and regulated by the GMC Education Committee
- FY1s parent medical school is also involved with FY1s
- FY2s are GMC registered . The GMC regulate your professionalism, fitness to practice etc
- FY2s Education is regulated by PMETB (Post Graduate Medical Education and Training Board)

THE ASSESSMENTS, APPRAISALS & YOUR PORTFOLIO

Wow! You will get taught, assessed, given feedback appraised and then keep a huge lot of evidence about yourself and your skills as a doctor. What could be better!!

We all hate exams and assessments but have you ever looked back after an exam and had thoughts such as these. The exam made me revise. Passing an assessment has given me more confidence or having feedback made me realise what I know and what I don't know?

The foundation assessments are there to provide you with some structure and help formalise your education. They also help identify any areas for self development.

We are all new with portfolios but you should be proud of your portfolios. It's a hard thing to say but many junior doctors have similar experiences etc. A conscientious trainee can use their portfolio to separate themselves from the crowd. To show evidence of their standards and their achievements. Who would you rather employ, someone who says they are a good doctor or someone who has a portfolio full of others saying what they can and can't do and how good or bad they are with patients??

So if you want to be the next best doctor you should aim to have a portfolio brimming with procedures and cases relevant to your future career aims as well as evidence of teaching attendances and generic abilities such as time management skills and good communication skills. Be proud of your portfolio

For More Info, Careers Advice, Educational Support and Much More

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Top Tips For Foundation Year Doctors

Who is Who

Clinical Supervisor -The consultant you work with on a day to day basis.

Educational Supervisor – The Consultant / Other who you meet with on occasion to discuss your portfolio and your development.

Training Programme Director – The Consultant who oversees the local training programme.

MMC Administrator- Different in different hospitals but normally the person in the education centre who helps administer assessments and paperwork.

Foundation School Director – Professor Roberts. The head of NETFS. Liaises with trusts, deaneries, GMC, PMETB and medical schools

Mini - Cex

Mini Clinical Evaluation Exercise.

It might seem strange but it is really easy for time to go by and then to realise that no-one has watched you in clinic or watched you examine a patient. Why not at the end of a ward round or during a consultation ask someone to come watch and assess your history or examination skills.

The more feedback the better you become!!! As an example, if you are a trainee who wants to be a palliative care physician. You may choose to be assessed breaking bad news. This would be great for your portfolio.

You want to be the best don't you?? The minimum is six in a year.

Case Based Discussion

You get to discuss how your clerkings and how your patient management is progressing. Discuss details around a case. Excellent one on one training time with your assessor. The minimum is six in a year

MSF /Mini Pat /360 Assessments

What do others think about you? The majority of trainees love finding out what others think about them. Many FYs are concerned that they lack certain skills. Mini Pats often help trainees to realise that their fears are unfounded. Occasionally problems come to light. This is good as you can not change unless you know about the problem in the first place!!

DOPS

Directly observed procedural skills. This assessment should be undertaken when you feel competent at a skill. Medical school teaches you the basics, DOPS assesses further development of competency.

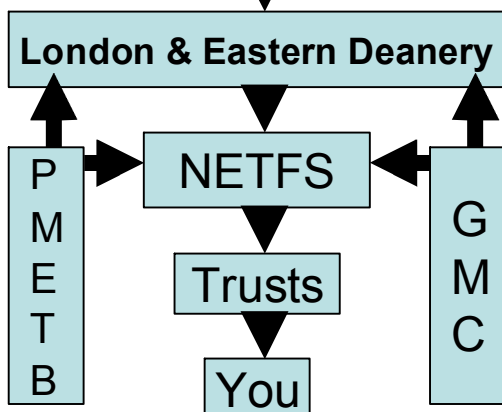
Example: A FY on a Gastroenterology ward who has been supervised a few times undertaking a paracentesis then decides that they can do the procedure unaided. They arrange an assessor to watch them undertake the procedure unaided.

A keen trainee will learn from being assessed and do over the minimum assessments. They will want to demonstrate all the measured skills such as the communication skills surrounding undertaking a procedure as well as the procedure itself. A minimum of six a year is needed

ONLINE ASSESSMENTS

The assessments are collated by HCAT, Health Care assessment and training. www.hcat.nhs.uk

Government



Get a lifelong .NHS email

Why not apply for a lifelong .NHS email. Speak to your trust to arrange or see our website. You will not have problems getting communications from NETFS or important emails ending in your spam box

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